



Child Care Resource & Referral

Training Calendar



Quarter 2: October, November, & December 2015

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Tuesday October 13, 2015 6:30pm-8:30pm CCR&R	Beyond Band-Aids Terri Walls, RN Child Care Health Consultant	An introduction to preventing and responding to injury and illness in Early Care and Education. Come to learn more about dealing with these situations safely and appropriately. If staff members respond appropriately to accidents, injuries and illnesses, and follow careful procedures when administering medication, the risk of harm or injury to children will be greatly reduced. It will also reduce liability for the staff and child care facility.	Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs
Wednesday, October 14, 2015 6:30pm-8:30pm CCR&R	Social and Emotional Milestones—Birth to 36 Months: Building Blocks for Future Learning Bonnie Gould, Infant Toddler Specialist	First everything is “mine,” then children learn to take turns, and eventually they learn to share. For infants and toddlers this learning happens through relationships and includes developing a sense of self, a sense of self with others, and learning about feelings. All children need an emotionally secure environment that supports healthy development in this learning domain. This workshop examines social/emotional competence as a vital component of later school readiness. Participants will learn how a responsive caregiver can help the youngest of our children form secure attachments, learn to navigate feelings and emotions, and begin to develop self-regulation and social skills, the building blocks for future learning.	Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs
Thursday, October 15, 2015 6:30pm-8:30pm CCR&R	Choice & Preference: Preventing Power Struggles with Preschoolers Sonia Sumner, Behavioral Specialist	We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They’re told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child’s life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.	Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Monday, October 19, 2015 6:30pm-9:00pm AND Monday, October 26, 2015 6:30pm-9:00pm CCR&R	NC Foundations for Early Learning and Development Liz Tuttle, Quality Enhancement Coordinator	This Foundations course will provide participants with an introduction to the document North Carolina Foundations for Early Learning and Development. Participants will use the book to learn about the standards, how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classroom planning and practice.	Cost: \$20.00 for CCR&R Library Members/\$25.00 for non-members Credit: .5 CEUs Must attend both sessions! No partial credit will be given.
Tuesday, October 20, 2015 6:30pm-8:30pm AND Tuesday, October 27, 2015 6:30pm-8:30pm CCR&R	Emergency Preparedness & Response for Childcare Terri Walls, RN Child Care Health Consultant	Session 1 covers planning and preparing for emergencies in early care and education settings. It includes an overview and an introduction to the online EPR Plan template. After Session 1, the participants will return to their facility with an assignment of preparation work for completing the online EPR Plan. Session 2 will cover questions about the assignment, practicing, responding and recovery related to emergencies.	Cost: \$20.00 for CCR&R Library Members/\$25.00 for non-members Credit: 5 CHCs Must attend both sessions! No partial credit will be given.
Thursday, October 29, 2015 6:30pm-8:30pm CCR&R	IT'S SIDS Bonnie Gould, Infant Toddler Specialist	This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practice" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.	Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs
Tuesday, November 3, 2015 6:30pm-8:30pm New Bern Fire Department 1401 Neuse Blvd New Bern, NC 28560	Fire Safety Jeremy Blalock, New Bern Fire Department & Danny Hill, New Bern Fire Department	This workshop will discuss how to prevent, extinguish, and control fires in home and child care settings. Participants will have the opportunity to use a real fire extinguisher.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Monday, November 9, 2015 6:30pm-9:00pm AND Thursday, November 12, 2015 6:30pm-9:00pm CCR&R	Choosing and Using an Approved Curriculum with Formative Assessment Strategies Liz Tuttle, Quality Enhancement Coordinator	This workshop will provide participants working in early care and education programs with guidelines for identifying, selecting, and planning to implement a developmentally appropriate, evidence-based curriculum for children birth to age 5. It will also provide guidance on understanding and selecting formative and summative assessment tools of learning to measure if children are developing and learning through the	Cost: \$20.00 for CCR&R Library Members/\$25.00 for non-members Credit: .5 CEUs Must attend both sessions! No partial credit will be given.
Tuesday, November 10, 2015 6:30pm-8:30pm CCR&R	More Than Just Routine: Turn those Everyday Moments into the Extraordinary! Bonnie Gould, Infant Toddler Specialist	What does the word "curriculum" mean to you? If teaching skills and planning projects are the first ideas that come to mind, then this workshop will open your eyes to a new way of thinking about infant-toddler "curriculum." Infant and toddler teachers spend a large part of the day engaged in routine caregiving responsibilities. These are key learning times! Participants will gain an understanding of why routines are essential to "curriculum" for infants and toddlers. Participants will learn how responsive and respectful one-on-one caregiving routines are opportunities for building relationships and learning, and how these routines are connected to culture and family values.	Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs
Saturday, November 14, 2015 9:00am-3:30pm CCR&R	CPR/First Aid Terri Walls, RN Child Care Health Consultant	This class will include CPR for infants, children, and adults along with general first aid skills. Participants must check out a book from the CCR&R Lending Library office to review so they are familiar with the course material before the training.	Cost: \$55.00 for CCR&R Library Members/\$65.00 for non-members Credit: .6 CEUs *Registration deadline is November 4.
Tuesday, November 17, 2015 6:30pm-8:30pm CCR&R	Plan It & They Will Eat! Terri Walls, RN Child Care Health Consultant	So you think you might want to make some changes in your menu, but don't know where to start this is the class for you. We will learn how to create seasonal menus following CACFP & NC nutrition rules, ways to shop on a budget, how to engage children in healthy eating habits, working with special circumstances such as children with food allergies, special needs and picky eaters.	Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Wednesday, November 18, 2015 6:30pm-8:30pm CCR&R</p>	<p>Fostering Emotional Literacy: How Are You? How Am I? Sonia Sumner, Behavioral Specialist</p>	<p>Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. We’ll examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share some excellent resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.</p>	<p>Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs</p>
<p>Thursday, November 19, 2015 6:30pm-8:30pm CCR&R</p>	<p>Increasing Quality with ITERS-R: Today and Everyday! Bonnie Gould, Infant Toddler Specialist</p>	<p>Does hearing the term ITERS-R make you feel anxious? If so, this workshop is for you! Learning the scale for the big day is one thing, but maintaining that high level of quality every day is what it is really all about! Using pictures from different infant, toddler, and two-year old classrooms, participants will break down the Infant Toddler Environment Rating Scale– Revised into manageable parts, discussing indicators in detail. Participants will have the opportunity to ask questions and return to their programs more confident and informed.</p>	<p>Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs</p>
<p>Saturday, November 21, 2015 8:00am-2:00pm CCR&R</p>	<p>BSAC (Basic School Age Care) Cathy Keating-Cox</p>	<p>Participants will be given basic, entry-level training for school age care. They will be introduced to the six modules of the BSAC training.</p>	<p>Cost: \$20.00 for CCR&R Library Members/\$25.00 for non-members Credit: .5 CEU’s Please bring a bag lunch!</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Wednesday, December 2, 2015 6:30pm-8:30pm CCR&R</p>	<p>IT'S SIDS Terri Walls, RN Child Care Health Consultant</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practice" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs</p>
<p>Thursday, December 3, 2015 6:30pm-8:30pm CCR&R</p>	<p>Temperament of Infants and Toddlers: Understanding and Supporting Individual Differences Bonnie Gould, Infant Toddler Specialist</p>	<p>We all have our own way of adapting and responding to the world around us. Are you distractible or persistent, sensitive or easy going? These characteristics describe temperament. During this workshop, we'll learn about 9 temperament traits and 3 large categories used to describe most infants and toddlers. Strategies on how to care for children based on their temperament type will be shared. We will also discuss the "goodness of fit" between your own temperament and the infants and toddlers in your care and explore the role of culture as it relates to temperament. By understanding temperament, caregivers can provide the supports needed to help every infant and toddler feel safe and secure in the child care setting. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking and Interactions and Program Structure.</p>	<p>Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs</p>
<p>Tuesday, December 8, 2015 6:30pm-8:30pm CCR&R</p>	<p>Food Allergies Terri Walls, RN Child Care Health Consultant</p>	<p>Are you concerned about what to do with a child (or a coworker) that has food allergies? What type of reactions can they have? What do I do if they have a reaction? Come and learn to identify food allergens, ways to prevent exposure, and appropriate response to reactions. We will also discuss environmental allergies and using an Epi-Pen.</p>	<p>Cost: \$6.00 for CCR&R Library Members/\$8.00 for non-members Credit: 2 CHCs</p>

**DID YOU
KNOW**



CCR&R's Quarterly Training Calendar and Parent/
Provider Newsletter can be accessed at our website:
www.cravensmartstart.org



<https://www.facebook.com/CravenSmartStart>

<https://www.facebook.com/cravencountyccrr>



Giving Kids a Running Start!

SAVE THE DATE!!!

***The
Holiday Hustle***

***Will be
Saturday,***

12-12-15!!!

CCR&R Training Policies & Procedures

1. All **payments are due at time of registration**. Trainings/classes are filled on a **first paid/first registered basis**. Training fees must be brought into CCR&R during normal business hours, Monday—Friday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. **Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.**
2. **A registration form must accompany all payments for each participant.** Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at www.cravensmartstart.org. A registration form must be submitted for all trainings—even FREE trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. **No refunds** will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. **Cancellations must be made at least 24 hours in advance.** A training credit will be issued if a paid participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
6. **Substitutions of participants will not be allowed.**
7. Only paid participants who are registered for the training will be allowed in the building after normal business hours due to liability reasons. This means no children or other adults will be allowed in the building.
8. Individuals who are on the **CCR&R “No Services List”** are not eligible to attend trainings with CCR&R until all fines are paid in full with CCR&R.
9. Doors will open 30 minutes before a training is scheduled to start. Anyone more than 15 minutes late will not be admitted into the training due to requirements for DCDEE contact hours/CEU’s. **To enter the building, use the double doors on the side of the building—the back entrance to Craven Smart Start.**
10. Every participant must fill out the **sign-in** sheet completely. This includes signing under his or her typed name and filling out all other required information. **No signature means no attendance, which means no credit!**
11. If a training is held off site at a child care facility, the Director or Assistant Director must be in the building at all times while the training is taking place.
12. Unless otherwise stated, **each class/training must have a minimum of 7 paid participants** in order to be held. If the required number of participants is not met by the **registration deadline**, the class will be canceled and registered participants will receive a credit that can be used towards future trainings.

There are no exceptions to the above!

If you have any questions, concerns, or would like clarification on our policies and procedures, please call Bianca @ (252) 672-5921 ext. 32.



Revised September 2015





Child Care Resource & Referral

Training Registration Form



Quarter 2: October, November & December 2015

Name: _____ Phone number: (_____) _____

Mailing Address: _____ City: _____

Zip Code: _____ Email Address: _____@_____

CCR&R Library Member Number (if applicable): _____

Place of Employment: _____

Work Phone Number: (_____) _____

County in which you are employed: _____

Classroom: _____ Ages you work with: _____

*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [] \$10.00

Total Amount Enclosed \$ _____

_____ check _____ cash _____ money order

**Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:

Craven Smart Start.
2111 Neuse Blvd Suite F
New Bern, NC 28560