



# Child Care Resource & Referral

## Training Calendar

### Quarter 1: July - August - September 2024



Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Thursday, July 11, 2024 6:30pm-8:30pm CCR&R– Face-to-Face	<b>Supervision: Following the 5 W's</b>  <b>Amanda Morris &amp; Debbie Cashwell</b> <b>Quality Enhancement Professional Development and Health &amp; Safety Specialists</b>	In this training we will review the NC supervision rules, NC staff/child ratios, and NC staff/child interaction rules. We will discuss the 5 w's and how to apply them to supervision, ratios, and interactions. We will also discuss strategies to maintain compliance.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members  Credit: 2 CHCs
Monday, July 15, 2024 6:30 pm - 8:30 pm CCR&R– Face-to-Face	<b>IT'S SIDS</b>  <b>Demeka Bryant</b> Birth—3 Specialist	This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
Friday, July 19, 2024 6:30 pm - 8:30 pm CCR&R– Virtual	<b>Deep Breathing: A Connection to Calm</b>  <b>Sonia Sumner</b> Healthy Social Behavior Specialist	This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of and evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children, and your teaching team/s	<b>Cost:</b> \$8.00 for CCR&R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, July 22, 2024 6:30 pm - 9:00 pm CCR&amp;R– Virtual</p>	<p><b>ECERS-R</b></p> <p><b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>Would you like to gain a better understanding of the Early Childhood Environment Rating Scale? More importantly, discover how to use the ECERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ECERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Early Childhood Environment Rating Scale- Revised edition.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Friday, July 26, 2024 6:30 pm - 9:00 pm CCR&amp;R– Face-to-Face</p>	<p><b>Flip-It!!</b></p> <p><b>Brandi Parnell</b> HSB Specialist</p>	<p>An intervention strategy for addressing challenging behavior. Flip It is a strategy anyone can use to address a challenging behavior. It is a simple, kind, strength based, commonsense, and effective four step process embodied in the FLIP IT mnemonic: F-Feelings, L-Limits,, I-Inquiries, P-Prompts. FLIP IT transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. FLIP IT may not be rocket science, but it is brain development, and an effective strategy all teachers should know how to use. Come learn how to FLIP your kids instead</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p>Credit: .5 CEUs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, July 29, 2024 6:30 pm—9:30 pm CCR&amp;R Face to Face</p>	<p><b>Emergency Preparedness And Response</b></p> <p>Angela Pate FCCH Specialist</p>	<p>The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care homes complete the training and submit a facility EPR Plan.</p>	<p><b>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</b></p> <p><b>Credit: 2.5 CHCs</b></p>
<p>Saturday, August 3, 2024 8:00 am—2:00 pm CCR&amp;R Face to Face</p> <p><b>LIMIT 10 PARTICIPANTS</b></p>	<p><b>CPR / First Aid</b></p> <p>Amanda Morris &amp; Debbie Cashwell</p> <p>QE/Professional Development &amp; Health and Safety Specialists</p>	<p>This class will include CPR for infants, children, and adults along with general first aid skills. Participants must check out a book from the CCR&amp;R Lending Library office to review so they are familiar with the course material before the training.</p>	<p><b>Cost: \$55.00 for CCR&amp;R Library Members \$65.00 for non-members</b></p> <p><b>Credit: 5 CHCs</b></p> <p><b>Maximum of 10 participants</b></p>
<p>Tuesday, August 6, 2024 6:30 pm-8:30 pm</p> <p><b>NBFD Training Center 333 Glenburnie Drive</b></p>	<p><b>Fire Safety</b></p> <p>Jeff Connor NBFD</p>	<p>This workshop will discuss how to prevent, extinguish and control fires in home and child care settings. Participants will have the opportunity to use a real fire extinguisher.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p>Credit: 1.5 CHCs</p> <p><b>Maximum of 40 Participants</b></p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, August 8, 2024 6:30 pm - 8:30 pm CCR&amp;R– Face to Face</p>	<p><b>North Carolina Health and Sanitation</b></p> <p><b>Debbie Cashwell</b> Health and Safety Specialist</p>	<p>Are you following North Carolina’s health and sanitation guidelines on a day to day basis? Is your handwashing and diapering completed without any lapses? This hands on training is a great way to learn the ins and outs of North Carolina’s health and sanitation regulations. With two hours of hands on practice, this training is surely one that will keep your hands from getting dirty!</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p><b>Tuesday, August 13, 2024</b> <b>AND</b> <b>Tuesday, August 20, 2024</b></p> <p>6:30 pm - 9:00 pm CCR&amp;R– Face to Face</p>	<p><b>Basic School Age Care</b></p> <p><b>Tammy Cullom</b> School Age Specialist</p>	<p>BSAC (Basic School Age Care) is a 5 hour introductory level training event for school age care professionals that are new to the field. The training includes the following modules: 1) Health, Safety &amp; Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. This training is required by the North Carolina Division of Child Development and Early Education for school age care professionals working in licensed programs.</p>	<p><b>Cost:</b> \$20.00 for CCR&amp;R Library Members/\$25.00 for non-members</p> <p><b>Credit:</b> .5 CEUs</p>
<p>Thursday, August 15, 2024 6:30 pm– 8:30 pm CCR&amp;R—VIRTUAL</p>	<p><b>Toxic Stress</b></p> <p><b>Sonia Sumner</b> Healthy Social Behavior Specialist</p>	<p>Stress is a fact of life, no matter your age. Some stress is good for us – it keeps us attentive, sharp, productive, and learning. But Toxic Stress affects brain development and learning in young children and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long-term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, August 19, 2024 6:30 pm - 8:30 pm CCR&amp;R– Face to Face</p>	<p><b>IT'S SIDS</b>  <b>Demeka Bryant</b> Birth—3 Specialist</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>
<p><b>Thursday, August 22, 2024</b> 6:30 pm - 9:00 pm CCR&amp;R– Face to Face</p>	<p><b>Developmentally Appropriate Behavior: But, I’m supposed to act like this!</b>  <b>Brandi Parnell</b> Healthy Social Behavior Specialist</p>	<p>Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This session focuses on understanding when children can be expected to acquire certain social-emotional skills and guides participants toward understanding, respecting and responding to developmentally appropriate behaviors.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs</p>
<p>Thursday, September 5, 2024 6:30 pm– 8:30 pm CCR&amp;R—Face to Face</p>	<p><b>Interactions in Child-care</b>  <b>Amanda Morris &amp; Debbie Cashwell</b>  Professional Development and Health and Safety Specialists</p>	<p>Positive interactions are a key component of high quality childcare. Knowing the types of interactions, the meaning of interaction and the best practices of interaction will help give you a better understanding of why interactions are so important in early childhood.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, September 9, 2024 6:30 pm - 8:30 pm CCR&amp;R– Face to Face</p>	<p><b>IT'S SIDS</b></p> <p><b>Demeka Bryant</b> Birth—3 Specialist</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>
<p><b>Monday, September 16, 2024</b> 6:30 pm - 9:00 pm CCR&amp;R– Face to Face</p>	<p><b>Getting Started Improving Quality with the ECERS-R</b></p> <p><b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>Would you like to gain a better understanding of the Early Childhood Environment Rating Scale? More importantly, discover how to use the ECERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ECERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Early Childhood Environment Rating Scale- Revised edition.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members <b>Credit:</b> 2 CHCs</p>
<p>Thursday, September 19, 2024 6:30 pm– 8:30 pm CCR&amp;R—Virtual</p>	<p><b>Behavioral Intervention Strategies: You want me to try what?</b></p> <p><b>Sonia Sumner</b> Healthy Social Behavior Specialist</p>	<p>Teachers who care for children with behavioral difficulties, often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members <b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Thursday, September 26, 2024 6:30 pm - 8:30 pm CCR&R– Face-to-Face	<b>Preventing Challenging Behaviors: An ounce of prevention is worth a pound of cure!</b>  <b>Brandi Parnell</b> Healthy Social Behavior Specialist	The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors.	<b>Cost:</b> \$8.00 for CCR&R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs
Monday, September 30, 2024 6:30 pm - 8:30 pm CCR&R– Face to Face	<b>Why Questions Matter: Improving Interactions, Conversations and Creating Fun and Meaningful Experiences for School-Age Children</b>  <b>Angela Pate</b> FCCH Specialist	Do you have a desire to enhance the fun, connection, and interactions in your classroom? Do you have a willingness to grow as a professional and make a difference in the lives of others? If you'd like to deepen classroom conversations, and improve the connections with your students come ready to learn “why questions matter.”  After attending this learning event, participants will be able to describe the importance of meaningful questions, modify closed-ended questions to open-ended questions, and demonstrate questioning strategies for use in their school-age settings.	<b>Cost:</b> \$8.00 for CCR&R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs

**DID YOU  
KNOW**



CCR&R's Quarterly Training Calendar and Parent/ Provider Newsletter can be accessed at our website:



<https://www.facebook.com/CravenSmartStart>  
<https://www.facebook.com/cravencountycrr>

## CCR&R Training Policies & Procedures

1. All payments are due at time of registration. Trainings/classes are filled on a first paid/first registered basis. Training fees must be brought into CCR&R during normal business hours, Monday—Thursday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.
2. A registration form must accompany all payments for each participant. Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at [www.cravensmartstart.org](http://www.cravensmartstart.org). A registration form must be submitted for all trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. No refunds will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. Cancellations must be made at least 24 hours in advance. A training credit will be issued if a paid participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
6. Substitutions of participants will not be allowed.
7. Individuals who are on the CCR&R "No Services List" are not eligible to attend trainings with CCR&R until all fines are paid in full.
8. Unless otherwise stated, each class/training must have a minimum of 5 paid participants to be held. If the required number of participants is not met by the registration deadline, the class will be canceled, and registered participants will receive a credit that can be used towards future trainings.

### Registration

1. Each participant must have their own individual email and personal phone number listed. All correspondence is being completed through email and phone. It is important to have your personal email and phone number so that each participant can be individually contacted.
2. We will not be able accept registration forms from providers at the same location using the facility phone number and/or email.





# CCR&R Training Policies & Procedures, cont...

3. Each participant must complete the registration form separately.
4. **The demographic survey, pre-survey, and possible pre-assessment (depending on the training) must be completed BEFORE the evening of the training. If your demographic survey and pre-work is not submitted, you will not be allowed to attend the evening of the training. Participants will be given 48 hours upon completion of the training to submit the post assessment and evaluation documents to the trainer. Without this requirement being met, certificates of completion may not be given.**
5. **There will be a \$5 fee for issuing certificates to individuals who have submitted their paperwork beyond 48 hours after the training.**

## Training Attendance

1. Our trainings have limited number of spaces. Once our maximum capacity has been filled, we stop enrollment for that training. Please register early to ensure your space.
2. **To ensure that all participants are actively involved during trainings, participants must have their electronic device (computer, laptop, cellphone, iPad) camera turned on during the entire training.**
3. **Please refer to the time a training begins. To participate in the training, please login to the training 5-10 minutes prior to the beginning of the training. If you are more than 15 minutes late, you will not be allowed to attend the training and must register for the class the next time it is offered.**
4. If you sign up for multiple trainings and do not attend, your enrollment into future trainings may be limited.

**There are no exceptions to the above!**

If you have any questions, concerns, or would like clarification on our policies and procedures, please call Erin @ (252) 672-5921 ext. 32.

Revised September 3, 2021





## **IMPORTANT TRAINING UPDATES FOR Its SIDS and Emergency Preparedness**

It has come to our attention that the state of North Carolina and the North Carolina Child Care Health and Safety Resource Center has placed new guidelines for It's SIDS and Emergency Preparedness.

Beginning April 1, 2022:

- No more than 8 people can attend the training at a time.
- Trainees will be required to fill out and return a training affidavit with the required training rules.
- All trainees must follow the signed affidavit, return all required paperwork, and actively participate during the training to receive their certificate.
- The affidavit is on the next page. Please bring this completed form when registering for your training.

For It's SIDS, any new trainees who are taking the training for the first time **MUST** take the training face-to-face.

## Trainee Affidavit

### All trainees agree to the following:

- I will not engage in other work or personal activities, including but not limited to, providing care (for child/ren or adult/s), driving, preparing meals, attending a class or other training. Engaging in other work or personal activities will result in removal from the training and denial of a certificate of completion.
- I will be an active participant and demonstrate respect and professionalism throughout the training, including but not limited to asking questions and being responsive to the trainer.
- I will not record the training session or share personal information to be respectful of other attendees.
- I will arrive on time, attend the entire training, and be prompt when returning from scheduled breaks.

### If attending virtually:

- I will attend through use of a desktop computer, laptop, or tablet with sound and an operating camera. I will have the camera on and be visibly present to the trainer for the duration of the training.
- I will not attend using a cell phone.
- I will have access to a stable internet connection for the duration of the training.

### I understand that:

- Failure to meet any of the expectations outlined will result in denial of a certificate of completion.

**\*\*If this is ITS-SIDS Training, it may not be taken virtually if it is the first time attending this training. It can only be taken virtually if the training is being renewed after three years.**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

This document was reviewed by the NC Division of Child Development and Early Education (DCDEE) February 2022.

February 2022





# Child Care Resource & Referral

## Training Registration Form

### Quarter 1: July - August - September 2024



Name: \_\_\_\_\_ Phone number: (\_\_\_\_\_) \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Email Address: \_\_\_\_\_@\_\_\_\_\_

CCR&R Library Member Number (if applicable): \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Work Phone Number: (\_\_\_\_\_) \_\_\_\_\_

County in which you are employed: \_\_\_\_\_

Classroom: \_\_\_\_\_ Ages you work with: \_\_\_\_\_

\*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

\*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [ ] \$10.00

Total Amount Enclosed \$ \_\_\_\_\_

\_\_\_\_\_ check \_\_\_\_\_ cash \_\_\_\_\_ money order \_\_\_\_\_ credit card

\*\*Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:

**Craven Smart Start.**  
2111 Neuse Blvd Suite F  
New Bern, NC 28560