

# CCR&R Parent/Provider Newsletter- February 2018



## Upcoming Events

### SAVE THE DATE!!!

**Our Building Brighter Futures Conference is  
March 24th, 2018 at  
Craven Community College.  
Please call or stop by our office to  
Register (252) 672-5921**

**\$20 if registered by 03/02/2018 or \$30.00 if  
registered after 03/05/2018.**

### SAVE THE DATE!!!

**Reading Fun Day at the New Bern Mall is  
Saturday, February 3rd, 2018  
from 10AM-2PM**

This literacy outreach event is for children birth to 12 and their families. There will be a free book for each child while supplies last.



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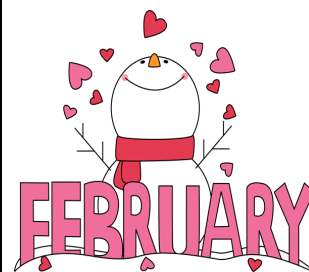
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# February is National Children's Dental Health Month



Visit [MouthHealthy.org/ToothTeam](http://MouthHealthy.org/ToothTeam) for activity sheets.

### HEALTHY SMILE TIPS



Brush your teeth twice a day with a fluoride toothpaste.



Clean between your teeth daily.



Eat a healthy diet that limits sugary beverages and snacks.



See your dentist regularly for prevention and treatment of oral disease.



### Lollipop Flower Valentine's

#### Materials:

- cupcake liners of different sizes
- lollipops
- scissors
- pencil
- green construction paper

#### Instructions:

- Layer your cupcake liners on top of one another by size. Place the bigger cups on the bottom and the smallest on top.
- Use a pencil to poke holes in the center of each cupcake liner. Then slide the lollipop through the holes.
- Make double-sided leaves by folding your green construction paper in half, cutting along the folded line, and folding each piece in half again, lengthwise. Draw a leaf shape, but be sure the fold is at the stem side, and don't cut through the fold.
- Write a message on the leaf before securing it to the lollipop stick. Then tape or glue close the fold around the stick.



### DIY Cardboard Heart Stamps

#### Materials

- one paper towel cardboard tube
- red paint
- paper plate
- blank cards or paper
- Tape

#### Instructions

- Flatten the cardboard tube so it has a crease on two sides.
- Push one crease inward to make a heart, and wrap a piece of tape around the tube to help the heart hold its shape.
- Pour a little red paint on a plate and dip one end in the paint. Then press the cardboard tube onto your paper or card and let the shapes dry!



# What's Going On At Our Office

## Trainings in February

**\*Infant Toddler Zone Part 1-Creating a Secure Infant/Toddler**

**Environment:** Tuesday, February 6th, 2018 6:30pm - 8:30pm CCR&R / Cost: \$6.00 for Library Members, \$8.00 for non-members / Credit: 2 CHC's

**\*Fire Safety:** Tuesday, February 6th, 2018 6:30pm - 8:00pm CCR&R / Cost: \$8.00 for CCR&R Library Members, \$10.00 for non-members / Credit: 1.5 CHC's

**\* The Art & Science of Technical Assistance:** Thursday, February 8th, 2018 9:00am-4:30pm CCR&R AND Thursday, March 1st, 2018 / Cost: \$50.00 for CCR&R Library Members, \$55.00 for non-members / Credit: 2 CEU's

**MUST ATTEND BOTH SESSIONS. NO PARTIAL CREDIT WILL BE GIVEN.**

**\*Health & Safety for Infants and Toddlers:** Tuesday, February 13th, 2018 6:30pm - 9:00pm CCR&R AND Thursday, February 15th, 2018 6:30pm-9:00pm/ Cost: \$20.00 for CCR&R Library Members, \$25.00 for non-members / Credit: .5 CEU's

**\*Be Active Kids:** Tuesday, February 20th, 2018 6:00pm - 9:00pm CCR&R / Cost: FREE / Credit: 3 CHC's

**MAXIMUM OF 12 PARTICIPANTS**

**\*IT'S SIDS:** Tuesday, February 27th, 2018 6:30pm - 8:30pm CCR&R / Cost: \$6.00 for CCR&R Library Members, \$8.00 for non-members / Credit: 2 CHC's

# February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Candy-Making Day	2 Give Kids A Smile Day	3 Take Your Child To The Library Day
4 Popcorn Day	5 World Nutella Day	6 National Frozen Yogurt Day	7 National Singing Day	8 National Boy Scouts Day	9 Read In The Bath tub Day	10 National Umbrella Day
11 International Day of Women and Girls in Science	12 Lincoln's Birthday	13 International Pancake Day	14 Valentine's Day	15 National Gum Drop Day	16 National Caregiver's Day	17 Random Acts of Kindness Day
18 National Battery Day	19 Presidents Day	20 Love Your Pet Day	21 National Sticky Bun Day	22 World Thinking Day	23 National Toast Day	24 National Dance Day
25 National Chocolate Covered Nut Day	26 World Pistachio Day	27 International Polar Bear Day	28 National Tooth Fairy Day			

## Child Care Resource & Referral

2111 Suite F  
Neuse Blvd.  
New Bern, NC 28560  
Phone: 252-672-5921 Ext. 23  
Fax: 252-672-5922  
E-mail: bianca@cravensmartstart.org

*For training calendars  
& special events, check  
out our website or  
Facebook!*



*Child Care Resource and Referral is here  
for you. FREE referrals to fit your child  
care needs with a licensed, regulated, or  
legally exempt childcare program.*

*Looking for:*

*\*Full-Time/Part-Time Care*

*\*Before/After School Care*

*\*Part-Time Preschool*

*\*Weekend Care*

*\*Drop-In Care*

*\*Hourly Care*

### Mission Statement for CCR&R

**To enhance the quality and quantity of child care services in  
Craven County by providing a wide range of information,  
referrals, advocacy and training  
services to families, providers and the community in general.**

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