

CCR&R Parent/Provider Newsletter- March 2018



Upcoming Events

SAVE THE DATE!!!

**Our Building Brighter Futures Conference is
March 24th, 2018 at
Craven Community College.**

**Please call or stop by our office to
register**

(252) 672-5921

**\$20 if registered by 03/02/2018 or \$30.00 if
registered after 03/02/2018.**



Inside this issue:

Upcoming Events 1

A Developmental and Health & Safety article from Growing Together Newsletter 2

St. Patrick's Day Crafts 3

Trainings in March 4

March 2018 Calendar 5

Contact Information & Information about Amazon Smile 6

Kindergarten Ready Set Go! (2 Sessions)

Parent information session on preparing for Kindergarten .

Where: Board of Education in New Bern

When: March 12th, 2018

Time: 6PM-7PM

AND

Where: First United Methodist Church in Havelock

When: March 27th, 2018

Time: 6PM-7PM



Developmental—Praise For The Accomplishments of Children

A child needs to feel that the significant people in his/her life notice what he/she does and are proud of their accomplishments. This message can be given by a hug as well as with words.

A baby's first step, the creation of a pretty picture, or blocks stacked into a tall tower are obvious times for praise.

Less obvious times are good too—for example, when a messy child shows the slightest sign of neatness. Or when he/she has completed a task without being asked to do it.

It doesn't matter how the accomplishment stacks up in relation to other children. The important thing is that the child accomplished something.

A good rule of thumb is to praise children as often as or more often than you correct them.

From Growing Together Newsletter

Health & Safety– Finger Food Safety

Toddlers delight in feeding themselves. However, caution is advised to help prevent food from lodging in small airways.

For children less than three years of age:

- Check baked goods for nuts which are the number one food-related choking hazard for young children
- Avoid giving hard or difficult to chew foods like raw carrots or other crunchy vegetables as well as hard candy, jellybeans, nuts and lollipops
- Modify the shape and texture of firm and round foods. Cook carrots, potatoes and other hard vegetables until soft, and then cut into small pieces
- Cut grapes into quarters and hot dogs into lengthwise sticks. Dice meats. Chop apples and firm fruit into very small pieces
- Keep an eye on small children when they are eating. They might eat in a hurry, stuff too much food in their mouths, or chew their food inadequately
- Feed small children in a relaxed atmosphere and only while seated. Do not allow children to run and play with food in their mouths or while chewing food
- Train toddlers to chew food thoroughly before swallowing or trying to speak
- It is also important for child caregivers and parents, when possible, to receive appropriate emergency training, including how to perform the Heimlich maneuver on children as well as CPR

From Growing Together Newsletter

Rainbow Shamrock Craft

Materials:

- Shamrock template
- Different colored tissue paper
- Craft glue, watered down 50/50
- Paintbrush
- White cardstock paper

Instructions:

- Cut tissue paper into small squares
- Glue tissue paper squares onto cardstock paper ; set aside to dry
- Trace shamrock template onto paper with tissue paper and cut it



Rainbow Finger Painting

Materials

- Different colors of finger paint (red, blue, yellow, green and gold for gold coins)
- White paper, green paper and black paper
- glue



Instructions

- Put paint on a plastic plate
- Get children to finger paint rainbow on to white paper
- Cut out black pot from the black paper and glue onto end of rainbow, and finger paint gold coins on the pot
- Let rainbow dry then cut it and glue it onto green paper

What's Going On At Our Office

Trainings in March

***BSAC:** Saturday, March 3rd, 2018 9am - 2pm CCR&R / Cost: \$20.00 for Library Members, \$25.00 for non-members / Credit: .5 CEU's

***Building A School Age Community: Make Every Child Count:** Tuesday, March 6th, 2018 6:30pm - 8:30pm CCR&R / Cost: \$6.00 for Library Members, \$8.00 for non-members / Credit: 2 CHC's

***Dental Health Information Seminar:** Monday, March 12th, 2018 6:30pm - 8:30pm CCR&R / Cost: FREE / Credit: 2 CHC's

***Solutions to the Dilemma: Reducing Suspension and Expulsion in ECE Programs:** Tuesday, March 13th, 2018 6:30pm - 8:30pm CCR&R / Cost: FREE / Credit: 1.5 CHC's

***IT'S SIDS:** Thursday, March 15th, 2018 6:30pm - 8:00pm CCR&R / Cost: \$6.00 for CCR&R Library Members, \$8.00 for non-members / Credit: 2 CHC's

***Play: An Intervention For Challenging Behavior:** Wednesday, March 21st, 2018 6:30pm-9:00pm CCR&R AND Thursday, March 22nd, 2018 / Cost: \$20.00 for CCR&R Library Members, \$25.00 for non-members / Credit: .5 CEU's
MUST ATTEND BOTH SESSIONS. NO PARTIAL CREDIT WILL BE GIVEN.

***Building Brighter Futures Conference:** Saturday, March 24th, 2018 8:30am - 4:00pm **at Craven Community College** / Cost: \$20.00 on or before March 3rd 2018, \$30.00 on or after March 5th / Credit: .5 CEU's

***Infant Toddler Zone Part 2: Planning for Protection:** Tuesday, March 27th, 2018 6:30pm - 8:30pm CCR&R / Cost: \$6.00 for CCR&R Library Members, \$8.00 for non-members / Credit: 2 CHC's

March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Baby Sleep Day	2 Dr. Seuss Day	3 International Ear Care Day
4 Daughters and Sons Day	5 Fun Facts About Names Day	6 Oreo Cookie Day	7 National Cereal Day	8 International Women's Day	9 Middle Name Pride Day	10 Genealogy Day
11 Girl Scout Sunday	12 Napping Day	13 Good Samaritan Involvement Day	14 National Pie Day	15 National Day of Action Against Bullying and Violence	16 World Sleep Day	17 St. Patrick's Day
18 Forgive Mom and Dad Day	19 National Let's Laugh Day	20 International Day of Happiness	21 Poetry Day	22 World Water Day	23 National Puppy Day	24 National Chocolate Covered Raisins Day
25 Pecan Day	26 Purple Day	27 Education and Sharing Day	28 Something On a Stick Day	29 Wear your favorite color	30 Doctors Day	31 National Crayon Day

Child Care Resource & Referral

2111 Suite F
Neuse Blvd.
New Bern, NC 28560
Phone: 252-672-5921 Ext. 23
Fax: 252-672-5922
E-mail: bianca@cravensmartstart.org

*For training calendars
& special events, check
out our website or
Facebook!*



*Child Care Resource and Referral is here
for you. FREE referrals to fit your child
care needs with a licensed, regulated, or
legally exempt childcare program.*

Looking for:

**Full-Time/Part-Time Care*

**Before/After School Care*

**Part-Time Preschool*

**Weekend Care*

**Drop-In Care*

**Hourly Care*

Mission Statement for CCR&R

**To enhance the quality and quantity of child care services in
Craven County by providing a wide range of information,
referrals, advocacy and training
services to families, providers and the community in general.**

Do you shop on Amazon?

You can now support Craven Smart Start with every purchase!

Just go to **<https://smile.amazon.com>** before you start
shopping!

