

CCR&R Parent/Provider Newsletter- January 2019



The staff of Craven Smart Start would like to sincerely thank the community for its support of our Holiday Hustle 10K, 5K, and Family Fun Run. It was through the generous support of our returning sponsors, in-kind sponsors, volunteers, and participants that this event was a great success! As you know, Craven Smart Start's mission is to ensure that all children are healthy and ready to be successful when they reach kindergarten. Funds raised through events like the Holiday Hustle help us meet the financial demands of providing programs that will help us achieve our mission. We appreciate your support and hope we can count on your participation next year!

**Save the Date! Our next Holiday Hustle is:
Saturday December 14th, 2019**

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Academics– Let’s Read!

When parents or other readers help children learn to read, they open the door to a big, exciting world. As a parent, you can begin an endless learning chain like this: You read to your children; they develop a love of stories and poems; they want to read on their own; they practice reading; and finally, they read for their own pleasure. When children become readers, their world is forever wider and richer. Here are some things you can do:

- Read aloud to your child: books, newspapers and magazine articles, the back of the cereal box, labels on cans, signs, directions, recipes, and so on.
- Point to the words on the page when you read. Move your finger from left to right.
- Listen to your child read homework or favorite stories to you every day.
- Go to the library together and check out books. Be sure to ask the librarian for good books or to help you find what you need.
- Have books, magazine, and papers around the house, and let your child see that you like to read, too.
- Encourage older children to read to younger children.
- Help experienced readers talk and write about what they read. Introduce them to new topics and encourage them to find out about things they might be interested in.



Parenting– How Can I Help You?

Sometimes it seems like children act their worst at just the wrong time ... when time is short; when it’s time to go to bed; when it’s someone else’s turn. On most of these occasions, an adult’s attention is somewhere else and not on the child. And, in most of the situations, the child doesn’t have much choice about what’s going to happen. Sometimes a simple way to quiet a fussy, demanding little one is to lower yourself to his or her eye-level, touch the child on the arm or hand and ask quietly: “How can I help you?” A brief conversation may calm fears, help the child understand what will be happening in the next few minutes or reassure a youngster of your love in the midst of a busy morning. You may be able to direct the child to the next activity. (“We’ll be leaving in a few minutes, so please get your coat.”); answer an urgent question (“Yes, I know you need a quarter today, and it’s right here.”); or help fasten a reluctant boot or jacket. If it’s not possible to grant the request, you can briefly explain why, and ask for help and cooperation in doing what must be done. Children don’t always understand our words, but they can get a clue about how we feel from our voices and our attitude. It only takes a minute to offer help and understanding in the midst of confusion. A minute of a big person’s time costs nothing, but it is precious to a little person.

These articles are from “Growing Together”– a newsletter for parents of preschool children.

Toys for Tots Update and Upcoming Events Information

Craven Smart Start is pleased to say our Toys for Tots collection was a success! A big thank you to everyone who donated toys for our Toys for Tots Bin! We will be collecting toys again next year so please stop by our office next year to drop off your donations!



Save The Date!

Reading Fun Day
Saturday February 2nd, 2019
New Bern Mall
10AM-2PM



Save The Date!

Our Building Brighter Futures Conference is
Saturday March 23rd, 2019 at
Craven Community College.

Please call or stop by our office to
register
(252) 672-5921



What's Going On At Our Office

Trainings in January

***Computer Lab:** Tuesday, January 8th, 2019 / 5:30pm - 9:00pm CCR&R / Cost: FREE

This session provides participants the opportunity to complete online trainings at their own pace.

***Infant Toddler Zone PART I: Creating a Secure Infant/Toddler Environment:** Wednesday, January 9th, 2019 / 6:30pm - 8:30pm CCR&R / Cost: \$6.00 for Library Members, \$8.00 for non-members / Credit: 2 CHC's

***The Art & Science of Technical Assistance:** Thursday, January 17th AND Thursday, January 29th, 2019 / 9:00am - 4:30pm CCR&R / Cost: \$50.00 for Library Members, \$55.00 for non-members / Credit: 2 CEU's

***IT'S SIDS:** Wednesday, January 23rd, 2019 / 6:30pm - 8:30pm CCR&R / Cost: \$6.00 for Library Members, \$8.00 for non-members / Credit: 2 CHC's

***The Ins and Outs of Good Circle Time:** Thursday, January 24th, 2019 / 6:30pm - 8:30pm CCR&R / Cost: \$6.00 for Library Members, \$8.00 for non-members / Credit: 2 CHC's

Be on the Lookout for Craven Smart Start Rocks

Are you looking for a fun outdoor activity to do with your family? We have recently shared our rocks throughout Craven County; Because Craven County Rocks! Each rock is tagged [#cravensmartstart](https://www.facebook.com/cravensmartstart). If you find one, please tag us on Facebook; and keep an eye on our page as we continue to add rocks to the collection!



January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Years Day	2 National Science Fiction Day	3 Find something white	4 Trivia Day	5 Bird Day
6 National Technology Day	7 Wear Something Yellow	8 Women's Day	9 Law Enforcement Appreciation Day	10 Wear Something blue	11 National Milk Day	12 National Hot Tea Day
13 National Sticker Day	14 Dress Up Your Pet Day	15 National Bagel Day	16 Civil Service Day	17 Kid Inventors Day	18 Thesaurus Day	19 Popcorn Day
20 Celebration of Life Day	21 Martin Luther King Day	22 Tell Someone You Love Them	23 National Pie Day	24 National Compliment Day	25 Opposite Day	26 Fun At Work Day
27 National Geographic Day	28 National Pediatrician Day	29 National Puzzle Day	30 Croissant Day	31 Inspire Your Heart with Art Day		

Child Care Resource & Referral

2111 Suite F
Neuse Blvd.
New Bern, NC 28560
Phone: 252-672-5921 Ext. 23
Fax: 252-672-5922
E-mail: bianca@cravensmartstart.org

*For training calendars
& special events, check
out our website or
Facebook!*



*Child Care Resource and Referral is here
for you. FREE referrals to fit your child
care needs with a licensed, regulated, or
legally exempt childcare program.*

Looking for:

**Full-Time/Part-Time Care*

**Before/After School Care*

**Part-Time Preschool*

**Weekend Care*

**Drop-In Care*

**Hourly Care*

Mission Statement for CCR&R

**To enhance the quality and quantity of child care services in
Craven County by providing a wide range of information,
referrals, advocacy and training
services to families, providers and the community in general.**

Do you shop on Amazon?

You can now support Craven Smart Start with every purchase!

Just go to **<https://smile.amazon.com>** before you start
shopping!

