



# Child Care Resource & Referral

## Training Calendar

### Quarter 3: January - February - March 2020



Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, January 9, 2020 (Session 1) 6:30pm-9:00pm CCR&amp;R AND Thursday, January 23, 2020 (Session 2) 6:30pm-9:00pm CCR&amp;R</p>	<p><b>NC Foundations for Early Learning and Development</b></p> <p><b>Kelly Shaw</b> Quality Enhancement/ Professional Development Coordinator</p>	<p>This Foundations course will provide participants with an introduction to document North Carolina Foundations for Early Learning and Development. Participants will use the book to learn about the standards, how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classroom planning and practice.</p>	<p><b>Cost:</b> \$20.00 for CCR&amp;R Library Members/\$25.00 for non-members</p> <p><b>Credit:</b> .5 CEUs</p> <p><b>Must attend both sessions! No partial credit will be given.</b></p>
<p>Monday, January 13, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>IT'S SIDS</b></p> <p><b>Sandra Arasim</b> Infant and Toddler Specialist</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Wednesday, January 22, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Change Is Hard! But It Doesn't Have to Hurt</b></p> <p><b>Sonia Sumner</b> Regional Behavioral Specialist</p>	<p>Experts estimate that 20-30% of a young child's day involves transitioning from one activity to another. That's a lot of moving and a lot of wasted time! Unless teachers plan transitions as carefully and Intentionally as they plan the rest of their day, that time can be stressful and frustrating for teachers and children alike. Participants will identify the transitions in their daily schedule, determine ways to eliminate some transitions, and learn strategies to support smooth transitions.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, January 27, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Getting Started Improving Quality with the ITERS-R</b></p> <p><b>Sandra Arasim</b> Infant and Toddler Specialist</p>	<p>Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ITERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale- Revised edition.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Wednesday, January 29, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Art for All Children</b></p> <p><b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>This training will help with understanding the importance of using art and art expression in the classroom. By the end of the training you will be able to identify the importance of creative thinking, guide an art experience that fosters an appreciation for diversity, and help recognize the development skills that children gain from using various art materials.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Wednesday, February 5, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>IT'S SIDS</b></p> <p><b>Sandra Arasim</b> Infant and Toddler Specialist</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, February 10, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Please, Teach Me What to Do</b></p> <p><b>Sonia Sumner</b> Regional Behavioral Specialist</p>	<p>Learning new skills is hard, and when you're a preschooler every skill is new. Learning to manage your own behavior can be the hardest skill of all. Teaching self-management can be an intensive process, but it's a skill that is crucial to kindergarten readiness. When children can navigate the classroom with minimal adult assistance, they learn to take ownership of their own actions and choices, they treat others better, and are better able to calm themselves and to problem solve. Come learn the five steps to teaching self-management skills so you and your children can reap the benefits.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Wednesday, February 12, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>We are NOT Babysitters: The Importance of Linking Professionalism to Higher Wages</b></p> <p><b>Kelly Shaw</b> Quality Enhancement/ Professional Development Coordinator</p>	<p>Isn't it crazy to think that in today's world, Early Childhood Educators are still being called "babysitters"? This training helps define professionalism. It discusses the importance of professional development, having a commitment to ethical standards and how to advocate for children and educators. If you want to learn how to raise awareness on increasing wages and benefits in the field, then this training is for you! The last time I checked, no one in the classroom was sitting on any babies...</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Thursday, February 20, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Sanitation and Disease Prevention</b></p> <p><b>Courtney Cartwright</b> Quality Enhancement Coordinator</p>	<p>Following standard precautions is essential in preventing the spread of disease. Participant discussion and activities explore the causes of communicable disease, how germs are spread, and ways to prevent the spread of disease in early childhood settings.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Wednesday, February 26, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>More Than Just Routine: Turn Everyday Infant Toddler Moments into Extraordinary!</b></p> <p><b>Sandra Arasim</b> Infant and Toddler Specialist</p>	<p>What does the word “curriculum” mean to you? If teaching skills and planning projects are the first ideas that come to mind, then this workshop will open your eyes to a new way of thinking about infant-toddler “curriculum”. Infant and toddler teachers spend a large part of the day engaged in routine caregiving responsibilities. These are key learning times! Participants will gain an understanding of why routines are essential to “curriculum” for infants and toddlers. Participants will learn how responsive and respectful one-on-one caregiving routines are opportunities for building relationships and learning, and how these routines are connected to culture and family values. This training provides information that supports the ITERS-R subscales” Personal Care Routines, Listening and Talking, Interactions and Program Structure.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Monday, March 9, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>IT’S SIDS</b></p> <p><b>Sandra Arasim</b> Infant and Toddler Specialist</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, March 19, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Preventing Power Struggles with Preschoolers</b></p> <p><b>Sonia Sumner</b> Regional Behavioral Specialist</p>	<p>We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Saturday, March 21, 2020 8:30 am– 4:00 pm Craven Community College</p>	<p><b>Building Brighter Futures Conference</b></p> <p><b>Various Presenters</b></p>	<p>This year our Building Brighter Futures Conference will be focusing on creating resiliency in educators and children. Multiple sessions will be available on a variety of topics.</p> <p>Please look for upcoming information and ways to save with our early bird deal!</p>	<p><b>Cost:</b> \$20 if registered before or on 02/28/2020 or \$30.00 on or after 03/02/2020.</p> <p><b>Credit:</b> .5 CEUs</p>
<p>Monday, March 23, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Getting Started Improving Quality with the ITERS-R</b></p> <p><b>Sandra Arasim</b> Infant and Toddler Specialist</p>	<p>Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ITERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale- Revised edition.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

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<p>Wednesday, March 25, 2020 6:30 pm - 8:30 pm CCR&amp;R</p>	<p><b>Beyond Band-Aids</b>  <b>Courtney Cartwright</b> Quality Enhancement Coordinator</p>	<p>An introduction to preventing and responding to injury and illness in Early Care and Education. Come to learn more about dealing with these situations safely and appropriately. If staff members respond appropriately to accidents, injuries and illnesses, and follow careful procedures when administering medication, the risk of harm or injury to children will be greatly reduced. It will also reduce liability for the staff and child care facility.</p>	<p><b>Cost:</b> \$6.00 for CCR&amp;R Library Members/\$8.00 for non-members  <b>Credit:</b> 2 CHCs</p>

**DID YOU  
KNOW**



CCR&R's Quarterly Training Calendar and Parent/Provider Newsletter can be accessed at our



<https://www.facebook.com/CravenSmartStart>  
<https://www.facebook.com/cravencountyccrr>

# CCR&R Training Policies & Procedures

1. All **payments are due at time of registration**. Trainings/classes are filled on a **first paid/first registered basis**. Training fees must be brought into CCR&R during normal business hours, Monday—Friday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. **Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.**
2. **A registration form must accompany all payments for each participant**. Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at [www.cravensmartstart.org](http://www.cravensmartstart.org). A registration form must be submitted for all trainings—even FREE trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. **No refunds** will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. **Cancellations must be made at least 24 hours in advance**. A training credit will be issued if a paid
6. participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
7. **Substitutions of participants will not be allowed**.
8. Only paid participants who are registered for the training will be allowed in the building after normal business hours due to liability reasons. This means no children or other adults will be allowed in the building.
9. Individuals who are on the **CCR&R “No Services List”** are not eligible to attend trainings with CCR&R until all fines are paid in full with CCR&R.
10. Doors will open 30 minutes before a training is scheduled to start. Anyone more than 15 minutes late will not be admitted into the training due to requirements for DCDEE contact hours/CEU’s. **To enter the building, use the double doors on the side of the building—the back entrance to Craven Smart Start.**
11. Every participant must fill out the **sign-in** sheet completely. This includes signing under his or her typed name and filling out all other required information. **No signature means no attendance, which means no credit!**
12. If a training is held off site at a child care facility, the Director or Assistant Director must be in the building at all times while the training is taking place.
13. Unless otherwise stated, **each class/training must have a minimum of 5 paid participants** in order to be held. If the required number of participants is not met by the **registration deadline**, the class will be canceled and registered participants will receive a credit that can be used towards future trainings.

**There are no exceptions to the above!**

If you have any questions, concerns, or would like clarification on our policies and procedures,

please call Venus @ (252) 672-5921 ext. 32.



Revised June 2017





# Child Care Resource & Referral

## Training Registration Form

### Quarter 3: January - February - March 2020



Name: \_\_\_\_\_ Phone number: (\_\_\_\_\_) \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Email Address: \_\_\_\_\_@\_\_\_\_\_

CCR&R Library Member Number (if applicable): \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Work Phone Number: (\_\_\_\_\_) \_\_\_\_\_

County in which you are employed: \_\_\_\_\_

Classroom: \_\_\_\_\_ Ages you work with: \_\_\_\_\_

\*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

\*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [ ] \$10.00

Total Amount Enclosed \$ \_\_\_\_\_

\_\_\_\_\_ check \_\_\_\_\_ cash \_\_\_\_\_ money order \_\_\_\_\_ credit card

\*\*Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:

**Craven Smart Start.**  
2111 Neuse Blvd Suite F  
New Bern, NC 28560