



Child Care Resource & Referral

Training Calendar

Quarter 2: October - November - December 2021



Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Monday, October 4, 2021 6:30pm-8:30pm CCR&R– Virtual	Getting Started Improving Quality with the ITERS-R Sandra Arasim Infant and Toddler Specialist	Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ITERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale- Revised edition.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
Thursday, October 7, 2021 6:30 pm - 8:30 pm CCR&R– Virtual	Deep Breathing: A Connection to Calm Sonia Sumner Healthy Social Behavior Specialist	This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of and evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children, and your teaching team/s.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
Monday, October 11, 2021 6:30 pm - 8:30 pm CCR&R– Virtual	Improving Transition Times Tammy Cullom Quality Enhancement/ School Age Coordinator	Most early childhood professionals say transitions are especially difficult times for young children. This lesson focuses on helping children as they move from one activity to another throughout the day. Analyze your program’s daily schedule to find new ways to introduce children to, and help them with, transition times.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Tuesday, October 12, 2021 6:30 pm - 8:00 pm</p> <p>New Bern Fire Department 1401 Neuse Blvd. New Bern, NC 28560</p>	<p>Fire Safety</p> <p>Jeff Connor New Bern Fire Department</p>	<p>This workshop will discuss how to prevent, extinguish and control fires in home and child care settings. Participants will have the opportunity to use a real fire extinguisher.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 1.5 CHCs</p> <p>Maximum of 40 Participants</p>
<p>Thursday, October 14, 2021 6:30 pm - 7:30 pm CCR&R– Virtual</p>	<p>Calling All Smile Crusaders!</p> <p>Debi Grzeslo Public Health Dental Hygienist</p>	<p>Baby teeth are important! Hear the latest on early childhood oral health– everything from national statistics to policies of the American Academy of Pediatrics and American Academy of Pediatric Dentistry. If you work with young children or their parents, you’ll want to know this valuable information and how you can help prevent tooth decay.</p>	<p>Cost: FREE</p> <p>Credit: 1 CHCs</p>
<p>Wednesday, October 20, 2021 6:00 pm - 9:00 pm CCR&R– Virtual</p>	<p>Playground Safety</p> <p>Courtney Cartwright Quality Enhancement Coordinator</p>	<p>This training discusses playground safety techniques as well as equipment regulations. Participants will travel to a nearby child care facility to complete a mock playground safety inspection.</p>	<p>Cost: \$12.00 for CCR&R Library Members/\$16.00 for non-members</p> <p>Credit: 4 CHCs</p>
<p>Tuesday, October 26, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Introduction to Exceptional Children: Understanding the Basics</p> <p>Kelly Shaw Quality Enhancement/ Professional Development Coordinator</p>	<p>Have you had a young child who entered your facility or classroom with IFSP or IEP? Do you understand the complex nature of these documents? How to support children with an identified or non-identified disability? If you are unsure, then this training will help you understand the disability laws, progression over the years, and how to best meet the needs of our youngest disabled generation. Understanding the basics will help you delve deeper into the complex world of working with exceptional children.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, October 28, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>It’s SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</p> <p>Sandra Arasim Infant and Toddler Specialist</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Thursday, November 4, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Toxic Stress and Its Impact on Children</p> <p>Sonia Sumner Healthy Social Behavior Specialist</p>	<p>Stress is a fact of life, no matter your age. Some stress is good for us – it keeps us attentive, sharp, productive, and learning. But Toxic Stress affects brain development and learning in young children, and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long-term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Monday, November 8, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>It’s SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</p> <p>Courtney Cartwright Quality Enhancement Coordinator</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Wednesday, November 10, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Introduction to Exceptional Children: Connecting with Parents</p> <p>Kelly Shaw Quality Enhancement/ Professional Development Coordinator</p>	<p>Remember the saying, “It takes a village to raise a child?” Working with parents is one of the key aspects of creating that village. As we become familiar with working with children with disabilities, it is important recognize the significant amount of interactions that parents must be involved in. The partnership between parents, teachers, and additional supports play a large role in the well-being of all children. During this training, we will explore the social emotional aspects on parents of children with special needs. The impact on parents will be explored, as well as the ways that we can interact in a more thoughtful way with them. This second part of the Exceptional Children series will be a bridge in being able to better support the children in our care.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Tuesday, November 16, 2021 6:30 pm - 8:00 pm</p> <p>New Bern Fire Department 1401 Neuse Blvd. New Bern, NC 28560</p>	<p>Fire Safety</p> <p>Jeff Connor New Bern Fire Department</p>	<p>This workshop will discuss how to prevent, extinguish and control fires in home and child care settings. Participants will have the opportunity to use a real fire extinguisher.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 1.5 CHCs</p> <p>Maximum of 40 Participants</p>
<p>Tuesday, November 16, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Leading from Within: Fostering Leadership in School-Age Professionals</p> <p>Tammy Cullom Quality Enhancement Coordinator</p>	<p>Providing students with a productive and engaging indoor environment is a core ideal of Reggio Emilia pedagogy. Strong indoor classrooms offer school age participants with a safe way to ask questions, problem solve, and develop new learning skills. Join other school age professionals as we explore easy and effective methods to bring Reggio Emilia philosophy into the confines of the school age classroom. School age professionals will leave with a stronger understanding of Reggio Emilia practices, and new ways to apply this philosophy to indoor environments.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, November 18, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Infant Toddler Early Literacy Learning</p> <p>Sandra Arasim Infant and Toddler Specialist</p>	<p>Did you know that reading to babies sets the foundation for future reading and writing? Our youngest infants and toddlers develop these essential abilities through positive, caring interactions and immersion in literacy-rich surroundings. Join us as we explore ways to create these nurturing environments for children’s early literacy experiences. We will discover six age-appropriate literacy skill “building blocks” for infants and toddlers, and develop strategies for supporting parents in sharing literacy in the home.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Thursday, December 2, 2021 6:30 pm - 9:00 pm CCR&R– Virtual</p>	<p>Emergency Preparedness and Response</p> <p>Courtney Cartwright Quality Enhancement Coordinator</p>	<p>The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care homes complete the training and submit a facility EPR Plan.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2.5 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, December 6, 2021 6:30 pm - 9:00 pm CCR&R– Virtual</p> <p>&</p> <p>Monday, December 13, 2021 6:30 pm - 9:00 pm CCR&R– Virtual</p>	<p>Basic School-Age Care</p> <p>Tammy Cullom Quality Enhancement Coordinator</p>	<p>BSAC (Basic School Age Care) is a 5 hour introductory level training event for school age care professionals that are new to the field. The training includes the following modules: 1) Health, Safety & Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. This training is required by the North Carolina Division of Child Development and Early Education for school age care professionals working in licensed programs.</p>	<p>Cost: \$20.00 for CCR&R Library Members \$25.00 for non-members</p> <p>Credit: .5 CEUs</p>
<p>Tuesday, December 7, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Self-Care for FCCH Providers</p> <p>Kelly Shaw Quality Enhancement/ Professional Development Coordinator</p>	<p>Do you have difficulty finding time for yourself? Are you frustrated with the stressors that come from providing care in a Family Child Care Home setting? ? Do you wish there was a way to make time for yourself without impacting your business? This learning event is designed to assist Family Child Care Home Providers in defining self-care, identifying the benefits of self-care, measuring their current status of self-care, and developing a plan for them to incorporate self-care. Participants will be introduced to enriching strategies while participating in small and large group activities.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: .2 CEUs</p>
<p>Thursday, December 9, 2021 6:30 am - 8:30 pm CCR&R– Virtual</p>	<p>Grief and Loss in Young Children: Helping Young Children Cope</p> <p>Sonia Sumner Healthy Social Behavior Specialist</p>	<p>Death and loss is a part of life that affects young children. The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the reality is that they will all experience it at one time or another. This session will define the most common times of grief and loss for young children, identify stages of grief, discover ways young children react behaviorally to grief and loss, and determine ways to support children through this process.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, December 14, 2021 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</p> <p>Sandra Arasim Infant and Toddler Specialist</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

**DID YOU
KNOW**



CCR&R's Quarterly Training Calendar and Parent/ Provider Newsletter can be accessed at our website:



<https://www.facebook.com/CravenSmartStart>
<https://www.facebook.com/cravencountyccrr>

CCR&R Training Policies & Procedures

1. All payments are due at time of registration. Trainings/classes are filled on a first paid/first registered basis. Training fees must be brought into CCR&R during normal business hours, Monday—Friday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.
2. A registration form must accompany all payments for each participant. Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at www.cravensmartstart.org. A registration form must be submitted for all trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. No refunds will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. Cancellations must be made at least 24 hours in advance. A training credit will be issued if a paid participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
6. Substitutions of participants will not be allowed.
7. Individuals who are on the CCR&R “No Services List” are not eligible to attend trainings with CCR&R until all fines are paid in full.
8. Unless otherwise stated, each class/training must have a minimum of 5 paid participants to be held. If the required number of participants is not met by the registration deadline, the class will be canceled, and registered participants will receive a credit that can be used towards future trainings.

Registration

1. Each participant must have their own individual email and personal phone number listed. All correspondence is being completed through email and phone. It is important to have your personal email and phone number so that each participant can be individually contacted.
2. We will not be able accept registration forms from providers at the same location using the facility phone number and/or email.



CCR&R Training Policies & Procedures, cont...

3. Each participant must complete the registration form separately.
4. **The demographic survey, pre-survey, and possible pre-assessment (depending on the training) must be completed BEFORE the evening of the training. If your demographic survey and pre-work is not submitted, you will not be allowed to attend the evening of the training. Participants will be given 48 hours upon completion of the training to submit the post assessment and evaluation documents to the trainer. Without this requirement being met, certificates of completion may not be given.**

Training Attendance

1. Our trainings have limited number of spaces. Once our maximum capacity has been filled, we stop enrollment for that training. Please register early to ensure your space.
2. **To ensure that all participants are actively involved during trainings, participants must have their electronic device (computer, laptop, cellphone, iPad) camera turned on during the entire training.**
3. **Please refer to the time a training begins. To participate in the training, please login to the training 5-10 minutes prior to the beginning of the training. If you are more than 15 minutes late, you will not be allowed to attend the training and must register for the class the next time it is offered.**
4. If you sign up for multiple trainings and do not attend, your enrollment into future trainings may be limited.

There are no exceptions to the above!

If you have any questions, concerns, or would like clarification on our policies and procedures, please call Venus @ (252) 672-5921 ext. 32.

Revised September 3, 2021





Child Care Resource & Referral

Training Registration Form

Quarter 2: October - November - December 2021



Name: _____ Phone number: (_____) _____

Mailing Address: _____ City: _____

Zip Code: _____ Email Address: _____@_____

CCR&R Library Member Number (if applicable): _____

Place of Employment: _____

Work Phone Number: (_____) _____

County in which you are employed: _____

Classroom: _____ Ages you work with: _____

*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [] \$10.00

Total Amount Enclosed \$ _____

_____ check _____ cash _____ money order _____ credit card

**Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:

Craven Smart Start.
2111 Neuse Blvd Suite F
New Bern, NC 28560