



IMPORTANT TRAINING UPDATES FOR Its SIDS and Emergency Preparedness

It has come to our attention that the state of North Carolina and the North Carolina Child Care Health and Safety Resource Center has placed new guidelines for It's SIDS and Emergency Preparedness.

Beginning April 1, 2022:

- No more than 10 people can attend the training at a time.
- Trainees will be required to fill out and return a training affidavit with the required training rules.
- All trainees must follow the signed affidavit, return all required paperwork, and actively participate during the training to receive their certificate.
- The affidavit is on the next page. Please bring this completed form when registering for your training.

For It's SIDS, any new trainees who are taking the training for the first time **MUST** take the training face-to-face. Due to this, we will be hosting one face to face training this quarter. This training will be held on Wednesday, April 13' 2022. To attend this face-to-face training, you **MUST** have your temperature taken and wear a face mask while in the building. There will only be 6 spaces available for face-to-face trainings.

Trainee Affidavit

All trainees agree to the following:

- I will not engage in other work or personal activities, including but not limited to, providing care (for child/ren or adult/s), driving, preparing meals, attending a class or other training. Engaging in other work or personal activities will result in removal from the training and denial of a certificate of completion.
- I will be an active participant and demonstrate respect and professionalism throughout the training, including but not limited to asking questions and being responsive to the trainer.
- I will not record the training session or share personal information to be respectful of other attendees.
- I will arrive on time, attend the entire training, and be prompt when returning from scheduled breaks.

If attending virtually:

- I will attend through use of a desktop computer, laptop, or tablet with sound and an operating camera. I will have the camera on and be visibly present to the trainer for the duration of the training.
- I will not attend using a cell phone.
- I will have access to a stable internet connection for the duration of the training.

I understand that:

- Failure to meet any of the expectations outlined will result in denial of a certificate of completion.

*****If this is an ITS-SIDS Training, it may not be taken virtually if it is the first time attending this training. It can only be taken virtually if the training is being renewed after three years.***

Name: _____ Date: _____

Signature: _____

This document was reviewed by the NC Division of Child Development and Early Education (DCDEE) February 2022.

February 2022





Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, April 4, 2022 6:30pm-8:30pm CCR&R– Virtual</p>	<p>Deep Breathing: A Connection to Calm</p> <p>Sonia Sumner Healthy Social Behavior Specialist</p>	<p>This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm down. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of evidence-based research on why breathing with children matters. This training will provide you with an understanding of your relationship with yourself, your children, and your teaching team/s.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Tuesday, April 5, 2022 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Improving Transition Times</p> <p>Tammy Cullom Quality Enhancement Coordinator</p>	<p>Most early childhood professionals say transitions are especially difficult times for young children. This lesson focuses on helping children as they move from one activity to another throughout the day. Analyze your program’s daily schedule to find new ways to introduce children to, and help them with, transition times.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Tuesday, April 12, 2022 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Getting Started Improving Quality with the ECERS-R</p> <p>Kelly Shaw Quality Enhancement/ Professional Development Coordinator</p>	<p>Would you like to gain a better understanding of the Early Childhood Environment Rating Scale? More importantly, discover how to use the ECERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ECERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Early Childhood Environment Rating Scale- Revised edition.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Wednesday, April 13, 2022 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</p> <p>Sandra Arasim Infant and Toddler Specialist</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Monday, April 25, 2022 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Beyond Band-aids</p> <p>Courtney Cartwright Quality Enhancement Coordinator</p>	<p>An introduction to preventing and responding to injury and illness in Early Care and Education. Come to learn more about dealing with these situations safely and appropriately. If staff members respond appropriately to accidents, injuries and illnesses, and follow careful procedures when administering medication, the risk of harm or injury to children will be greatly reduced. It will also reduce liability for the staff and child care facility.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Monday, May 9, 2022 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>How to make Good Play into GREAT Play</p> <p>Tammy Cullom Quality Enhancement Coordinator</p>	<p>Learn the secrets of how to help children expand their play: when to step in, when to step out, what questions to ask, how to get them to think, and find out how great play reduces discipline problems.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Tuesday, May 10, 2022 6:30 pm - 8:00 pm</p> <p>New Bern Fire Department 1401 Neuse Blvd. New Bern, NC 28560</p>	<p>Fire Safety</p> <p>Jeff Connor New Bern Fire Department</p>	<p>This workshop will discuss how to prevent, extinguish and control fires in home and child care settings. Participants will have the opportunity to use a real fire extinguisher.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 1.5 CHCs</p> <p>Maximum of 40 Participants</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Wednesday, May 11, 2022 6:30pm-8:30pm CCR&R– Virtual</p>	<p>North Carolina Health and Sanitation</p> <p>Kelly Shaw Quality Enhancement/ Professional Development Coordinator</p>	<p>Are you following North Carolina’s health and sanitation guidelines on a day to day basis? Is your hand washing and diapering completed without any lapses? This hands on training is a great way to learn the ins and outs of North Carolina’s health and sanitation regulations. With two hours of hands on practice, this training is surely one that will keep your hands from getting dirty!</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Thursday, May 12, 2022 6:30pm-8:30pm CCR&R– Virtual</p>	<p>Staying on Track</p> <p>Sonia Sumner Healthy Social Behavior Specialist</p>	<p>Why are daily classroom routines and schedules so important in the daily lives of teachers and young children? How does following a consistent daily schedule with embedded routines support the social and emotional development of the children in your class? What can we do to help children ‘stay on track as they move through a typical preschool day? Through this training, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Tuesday, May 17, 2022 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>It’s SIDS: Infant/ Toddler Safe Sleep and SIDS Reduction in Child Care</p> <p>Courtney Cartwright Quality Enhancement Coordinator</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, June 6, 2022 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Building Relationships with Children and Youth that Challenge Us</p> <p>Tammy Cullom Quality Enhancement Coordinator</p>	<p>Have you ever been secretly pleased when one of the children in your group is absent? Some children are more difficult to work with than others. This professional development program will help you to take an honest look at children and your feelings about them. Explore what professionals can do to build positive relationships with all children – even the ones who challenge us.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Thursday, June 9, 2022 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>It’s SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</p> <p>Sandra Arasim Infant and Toddler Specialist</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Thursday, June 16, 2022 6:30 am - 8:30 pm CCR&R– Virtual</p>	<p>Toxic Stress</p> <p>Sonia Sumner Healthy Social Behavior Specialist</p>	<p>Stress is a fact of life, no matter your age. Some stress is good for us – it keeps us attentive, sharp, productive, and learning. But Toxic Stress affects brain development and learning in young children and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long-term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Tuesday, June 21, 2022 6:00pm-9:00pm CCR&R– Virtual	Playground Safety Kelly Shaw Quality Enhancement/ Professional Development Coordinator	This training discusses playground safety techniques as well as equipment regulations. Participants will travel to a nearby child care facility to complete a mock playground safety inspection. *The last hour will be completed independently through an assignment*	Cost: \$12.00 for CCR&R Library Members/\$16.00 for non-members Credit: 4 CHCs
Monday, June 27, 2022 6:00pm-9:00pm CCR&R– Virtual	More Than Just Routine: Turn Everyday Infant Toddler Moments into Extraordinary! Sandra Arasim Infant and Toddler Specialist	What does the word “curriculum” mean to you? If teaching skills and planning projects are the first ideas that come to mind, then this workshop will open your eyes to a new way of thinking about Infant-toddler “curriculum”. Infant and toddler teachers spend a large part of the day engaged in routine caregiving responsibilities. These are key learning times! This training provides information that supports the ITERS-R subscales: Personal Care Routines, Listening and Talking, Interactions and Program Structure.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs

**DID YOU
KNOW**



CCR&R’s Quarterly Training Calendar and Parent/ Provider Newsletter can be accessed at our website:



<https://www.facebook.com/CravenSmartStart>
<https://www.facebook.com/cravencountycrr>

CCR&R Training Policies & Procedures

1. All payments are due at time of registration. Trainings/classes are filled on a first paid/first registered basis. Training fees must be brought into CCR&R during normal business hours, Monday—Friday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.
2. A registration form must accompany all payments for each participant. Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at www.cravensmartstart.org. A registration form must be submitted for all trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. No refunds will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. Cancellations must be made at least 24 hours in advance. A training credit will be issued if a paid participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
6. Substitutions of participants will not be allowed.
7. Individuals who are on the CCR&R "No Services List" are not eligible to attend trainings with CCR&R until all fines are paid in full.
8. Unless otherwise stated, each class/training must have a minimum of 5 paid participants to be held. If the required number of participants is not met by the registration deadline, the class will be canceled, and registered participants will receive a credit that can be used towards future trainings.

Registration

1. Each participant must have their own individual email and personal phone number listed. All correspondence is being completed through email and phone. It is important to have your personal email and phone number so that each participant can be individually contacted.
2. We will not be able accept registration forms from providers at the same location using the facility phone number and/or email.



CCR&R Training Policies & Procedures, cont...

3. Each participant must complete the registration form separately.
4. **The demographic survey, pre-survey, and possible pre-assessment (depending on the training) must be completed BEFORE the evening of the training. If your demographic survey and pre-work is not submitted, you will not be allowed to attend the evening of the training. Participants will be given 48 hours upon completion of the training to submit the post assessment and evaluation documents to the trainer. Without this requirement being met, certificates of completion may not be given.**

Training Attendance

1. Our trainings have limited number of spaces. Once our maximum capacity has been filled, we stop enrollment for that training. Please register early to ensure your space.
2. **To ensure that all participants are actively involved during trainings, participants must have their electronic device (computer, laptop, cellphone, iPad) camera turned on during the entire training.**
3. **Please refer to the time a training begins. To participate in the training, please login to the training 5-10 minutes prior to the beginning of the training. If you are more than 15 minutes late, you will not be allowed to attend the training and must register for the class the next time it is offered.**
4. If you sign up for multiple trainings and do not attend, your enrollment into future trainings may be limited.

There are no exceptions to the above!

If you have any questions, concerns, or would like clarification on our policies and procedures, please call Venus @ (252) 672-5921 ext. 32.

Revised September 3, 2021





Child Care Resource & Referral

Training Registration Form

Quarter 4: April - May - June 2022



Name: _____ Phone number: (_____) _____

Mailing Address: _____ City: _____

Zip Code: _____ Email Address: _____@_____

CCR&R Library Member Number (if applicable): _____

Place of Employment: _____

Work Phone Number: (_____) _____

County in which you are employed: _____

Classroom: _____ Ages you work with: _____

*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [] \$10.00

Total Amount Enclosed \$ _____

_____ check _____ cash _____ money order _____ credit card

**Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:

Craven Smart Start.
2111 Neuse Blvd Suite F
New Bern, NC 28560