



Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Wednesday, April 5, 2023 6:30 pm - 8:30 pm CCR&amp;R– Virtual</p>	<p><b>We are NOT Babysitters: The Importance of Linking Professionalism to Higher Wages</b></p> <p><b>Kelly Shaw</b> Quality Enhancement/ Professional Development Coordinator</p>	<p>Isn't it crazy to think that in today's world, Early Childhood Educators are still being called "babysitters"? This training helps define professionalism. It discusses the importance of professional development, having a commitment to ethical standards and how to advocate for children and educators. If you want to learn how to raise awareness on increasing wages and benefits in the field, then this training is for you! The last time I checked, no one in the classroom was sitting on any babies...</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Monday, April 10, 2023 6:30pm-8:30pm CCR&amp;R– Face-to-Face</p>	<p><b>Why Questions Matter: Improving Interactions, Conversations and Creating Fun and Meaningful Experiences for School-Age Children</b></p> <p><b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>Do you have a desire to enhance the fun, connection, and interactions in your classroom? Do you have a willingness to grow as a professional and make a difference in the lives of others? If you'd like to deepen classroom conversations, and improve the connections with your students come ready to learn "why questions matter." After attending this learning event, participants will be able to describe the importance of meaningful questions, modify closed-ended questions to open-ended questions, and demonstrate questioning strategies for use in their school-age settings.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Thursday, April 13, 2023 6:30 pm - 8:30 pm CCR&R– Virtual	<b>Grief and Loss in Young Children: Helping Young Children Cope</b>  <b>Sonia Sumner</b> Healthy Social Behavior Specialist	Death and loss is a part of life that affects young children. The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the reality is that they will all experience it at one time or another. This session will define most common times of grief and loss for young children, identify stages of grief, discover ways young children react behaviorally to grief and loss, and determine ways to support children through this process .	<b>Cost:</b> \$8.00 for CCR&R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs
Thursday, April 20, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face	<b>What Are Developmentally Appropriate Practices?</b>  <b>Courtney Cartwright</b> Quality Enhancement Coordinator	Developmentally Appropriate Practices are an approach to teaching grounded in research on how young children develop and learn and in what is known about effective early education. Developmentally Appropriate Practices involves teachers meeting young children where they are, both as individuals and as a part of a group; and helping each child meet challenging and achievable learning goals. Through activities and discussion, participants will explore how to create developmentally appropriate activities for their classrooms.	<b>Cost:</b> \$8.00 for CCR&R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs
Monday, April 24, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face	<b>It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</b>  <b>Demeka Bryant</b> Birth– 3 Specialist	This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.	<b>Cost:</b> \$8.00 for CCR&R Library Members/\$10.00 for non-members  <b>Credit:</b> 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, May 4, 2023 6:30 pm - 8:30 pm CCR&amp;R– Virtual</p>	<p><b>Toxic Stress and Its Impact on Children</b></p> <p><b>Sonia Sumner</b> Healthy Social Behavior Specialist</p>	<p>Stress is a fact of life, no matter your age. Some stress is good for us – it keeps us attentive, sharp, productive, and learning. But Toxic Stress affects brain development and learning in young children, and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Tuesday, May 9, 2023 6:30 pm - 8:00 pm New Bern Fire Department– Face-to-Face</p> <p><b>New Bern Fire Department</b> <b>1401 Neuse Blvd.</b> <b>New Bern, NC 28560</b></p>	<p><b>Fire Safety</b></p> <p><b>Jeff Connor</b> New Bern Fire Department</p>	<p>This workshop will discuss how to prevent, extinguish and control fires in home and child care settings. Participants will have the opportunity to use a real fire extinguisher.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 1.5 CHCs</p> <p><b>Maximum of 40 Participants</b></p>
<p>Tuesday, May 9, 2023 6:30 pm - 8:30 pm CCR&amp;R– Virtual</p>	<p><b>It’s SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</b></p> <p><b>Courtney Cartwright</b> Quality Enhancement Coordinator</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, May 11, 2023 6:30 pm - 8:30 pm CCR&amp;R– Virtual</p>	<p><b>All About the Family: Building Lasting Partnerships in your Facilities and Class- rooms</b></p> <p><b>Kelly Shaw</b> Quality Enhancement/ Professional Develop- ment Coordinator</p>	<p>Family dynamics and structures are ever changing. A lot has occurred in the last three decades. During this training, you will be able to identify those changes and be able to recognize any implicit biases and misconceptions that occur in regard to different family structures. The training will also give tools to combat those biases and understand the importance of family involvement. New and interactive approaches to involve families will be created to help enforce long lasting partnerships with your facility and classrooms.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Tuesday, May 16, 2023 And Tuesday, May 23, 2023 6:30 pm - 9:00 pm CCR&amp;R– Face-to-Face</p>	<p><b>Basic School Age Care</b></p> <p><b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>BSAC (Basic School Age Care) is a 5 hour introductory level training event for school age care professionals that are new to the field. The training includes the following modules: 1) Health, Safety &amp; Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. This training is required by the North Carolina Division of Child Development and Early Education for school age care professionals working in licensed programs.</p>	<p><b>Cost:</b> \$20.00 for CCR&amp;R Library Members/\$25.00 for non-members</p> <p><b>Credit:</b> .5 CEUs</p>
<p>Tuesday, June 6, 2023 And Tuesday, June 13, 2023 6:30 pm - 9:00 pm CCR&amp;R– Face-to-Face</p>	<p><b>North Carolina Foundations for Early Learning and Development</b></p> <p><b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>This Foundations course will provide participants with an introduction to document North Carolina Foundations for Early Learning and Development. Participants will use the book to learn about the standards, how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classroom planning and practice.</p>	<p><b>Cost:</b> <b>FREE</b></p> <p><b>Credit:</b> .5 CEUs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, June 8, 2023 6:30 pm - 8:30 pm CCR&amp;R– Face-to-Face</p>	<p><b>Preventing Child Abuse: Knowing the Signs</b></p> <p><b>Courtney Cartwright</b> Quality Enhancement Coordinator</p>	<p>Child abuse and neglect is a problem that affects children, families, and communities throughout the United States and is an issue that child care providers may encounter in their work. Child abuse and neglect comes in four forms: physical abuse, sexual abuse, emotional abuse, and neglect. Child abuse casts a shadow the length of a lifetime. Through videos and activities participants will explore the different types of abuse as well as ways in which we can help prevent child abuse in early childhood settings.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Thursday, June 15, 2023 6:30 pm - 8:30 pm CCR&amp;R– Face-to-Face</p>	<p><b>Deep Breathing: A Connection to Calm</b></p> <p><b>Sonia Sumner</b> Healthy Social Behavior Specialist</p>	<p>This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of and evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children, and your teaching team/s</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>
<p>Monday, June 19, 2023 6:30 pm - 8:30 pm CCR&amp;R– Virtual</p>	<p><b>It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</b></p> <p><b>Demeka Bryant</b> Birth- 3 Specialist</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Tuesday, June 27, 2023 6:30 pm - 8:30 pm CCR&amp;R– Face-to-Face</p>	<p><b>Introduction to Exceptional Children: Understanding the Basics</b></p> <p><b>Kelly Shaw</b></p> <p>Quality Enhancement/ Professional Development Coordinator</p>	<p>The Center of Disease Control did a study from 2009-2017 to identify how many children under the age of 3-17 have been diagnosed with a developmental disability. It was found that 17% of households have a child within that age group with a developmental disability. Over the last few decades, this number has drastically increased. This study doesn't look at our youngest population or those children without a diagnosis! Imagine the increase of children if the study included all disabilities and all children under the age of three. Have you had a young child who entered your facility or classroom with IFSP or IEP? Do you understand the complex nature of these documents? How to support children with an identified or non-identified disability? If you are unsure, then this training will help you understand the disability laws, progression over the years, and how to best meet the needs of our youngest disabled generation. Understanding the basics will help you delve deeper into the complex world of working with exceptional children.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members</p> <p><b>Credit:</b> 2 CHCs</p>

**DID YOU  
KNOW**



CCR&R's Quarterly Training Calendar and Parent/  
Provider Newsletter can be accessed at our website:



<https://www.facebook.com/CravenSmartStart>  
<https://www.facebook.com/cravencountycrr>

## CCR&R Training Policies & Procedures

1. All payments are due at time of registration. Trainings/classes are filled on a first paid/first registered basis. Training fees must be brought into CCR&R during normal business hours, Monday—Friday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.
2. A registration form must accompany all payments for each participant. Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at [www.cravensmartstart.org](http://www.cravensmartstart.org). A registration form must be submitted for all trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. No refunds will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. Cancellations must be made at least 24 hours in advance. A training credit will be issued if a paid participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
6. Substitutions of participants will not be allowed.
7. Individuals who are on the CCR&R "No Services List" are not eligible to attend trainings with CCR&R until all fines are paid in full.
8. Unless otherwise stated, each class/training must have a minimum of 5 paid participants to be held. If the required number of participants is not met by the registration deadline, the class will be canceled, and registered participants will receive a credit that can be used towards future trainings.

### Registration

1. Each participant must have their own individual email and personal phone number listed. All correspondence is being completed through email and phone. It is important to have your personal email and phone number so that each participant can be individually contacted.
2. We will not be able accept registration forms from providers at the same location using the facility phone number and/or email.



# CCR&R Training Policies & Procedures, cont...

3. Each participant must complete the registration form separately.
4. **The demographic survey, pre-survey, and possible pre-assessment (depending on the training) must be completed BEFORE the evening of the training. If your demographic survey and pre-work is not submitted, you will not be allowed to attend the evening of the training. Participants will be given 48 hours upon completion of the training to submit the post assessment and evaluation documents to the trainer. Without this requirement being met, certificates of completion may not be given.**
5. **There will be a \$5 fee for issuing certificates to individuals who have submitted their paperwork beyond 48 hours after the training.**

## Training Attendance

1. Our trainings have limited number of spaces. Once our maximum capacity has been filled, we stop enrollment for that training. Please register early to ensure your space.
2. **To ensure that all participants are actively involved during trainings, participants must have their electronic device (computer, laptop, cellphone, iPad) camera turned on during the entire training.**
3. **Please refer to the time a training begins. To participate in the training, please login to the training 5-10 minutes prior to the beginning of the training. If you are more than 15 minutes late, you will not be allowed to attend the training and must register for the class the next time it is offered.**
4. If you sign up for multiple trainings and do not attend, your enrollment into future trainings may be limited.

**There are no exceptions to the above!**

If you have any questions, concerns, or would like clarification on our policies and procedures, please call Venus @ (252) 672-5921 ext. 32.

Revised September 3, 2021







## **IMPORTANT TRAINING UPDATES FOR Its SIDS and Emergency Preparedness**

It has come to our attention that the state of North Carolina and the North Carolina Child Care Health and Safety Resource Center has placed new guidelines for It's SIDS and Emergency Preparedness.

Beginning April 1, 2022:

- No more than 10 people can attend the training at a time.
- Trainees will be required to fill out and return a training affidavit with the required training rules.
- All trainees must follow the signed affidavit, return all required paperwork, and actively participate during the training to receive their certificate.
- The affidavit is on the next page. Please bring this completed form when registering for your training.

For It's SIDS, any new trainees who are taking the training for the first time **MUST** take the training face-to-face. Due to this, we will be hosting one face to face training this quarter. To attend a face-to-face training, you **MUST** have your temperature taken and wear a face mask while in the building. There will only be 6 spaces available for face-to-face trainings.

## Trainee Affidavit

### All trainees agree to the following:

- I will not engage in other work or personal activities, including but not limited to, providing care (for child/ren or adult/s), driving, preparing meals, attending a class or other training. Engaging in other work or personal activities will result in removal from the training and denial of a certificate of completion.
- I will be an active participant and demonstrate respect and professionalism throughout the training, including but not limited to asking questions and being responsive to the trainer.
- I will not record the training session or share personal information to be respectful of other attendees.
- I will arrive on time, attend the entire training, and be prompt when returning from scheduled breaks.

### If attending virtually:

- I will attend through use of a desktop computer, laptop, or tablet with sound and an operating camera. I will have the camera on and be visibly present to the trainer for the duration of the training.
- I will not attend using a cell phone.
- I will have access to a stable internet connection for the duration of the training.

### I understand that:

- Failure to meet any of the expectations outlined will result in denial of a certificate of completion.

**\*\*If this is ITS-SIDS Training, it may not be taken virtually if it is the first time attending this training. It can only be taken virtually if the training is being renewed after three years.**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

This document was reviewed by the NC Division of Child Development and Early Education (DCDEE) February 2022.

February 2022





# Child Care Resource & Referral

## Training Registration Form

Quarter 4: April - May - June 2023



Name: \_\_\_\_\_ Phone number: (\_\_\_\_\_) \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Email Address: \_\_\_\_\_@\_\_\_\_\_

CCR&R Library Member Number (if applicable): \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Work Phone Number: (\_\_\_\_\_) \_\_\_\_\_

County in which you are employed: \_\_\_\_\_

Classroom: \_\_\_\_\_ Ages you work with: \_\_\_\_\_

\*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

\*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [ ] \$10.00

Total Amount Enclosed \$ \_\_\_\_\_

\_\_\_\_\_ check \_\_\_\_\_ cash \_\_\_\_\_ money order \_\_\_\_\_ credit card

\*\*Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:

**Craven Smart Start.**  
2111 Neuse Blvd Suite F  
New Bern, NC 28560