Child Care Resource & Referral (CCR&R) Parent/Provider Newsletter



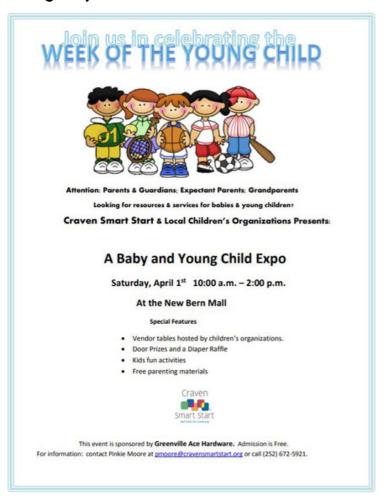
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Craven Smart Start News

Baby Expo Event!



Craven Smart Start & Local Children's Organizations are hosting a Baby Expo event at the New Bern Mall where we will have vendor tables, door prizes and a diaper raffle, parenting materials and fun children's activities!

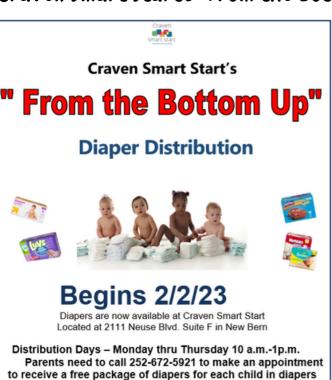
When: Saturday, April 1st, 2023

Time: 10 AM - 2 PM Where: New Bern Mall

Admission is FREE.

We hope to see you there!

Craven Smart Start's "From the Bottom Up" Diaper Distribution Update



once a month if diapers are in stock.

Must be a resident of Craven County-need proof of residency.

Must be parent/guardian of child/children in diapers-birth to 5 yrs.

For more information: Call 252-672-5921 or email: pmoore@cravensmartstart.org

Our diaper supply is getting low!

Even though it is a great thing, our diaper supply is low at this time. We are also out of baby wipes.

We currently only have sizes 1, 2, 3 & 4.

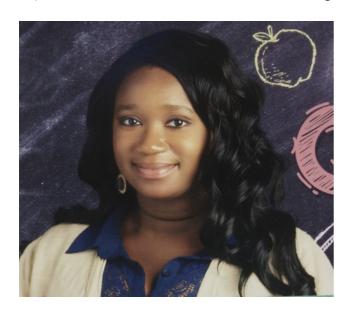
if you are in need of the sizes that we do have in stock, distribution days are Monday-Thursday, 10AM-1PM.

We ask that you please call and make an appointment.

CCR&R Director Updates-Bonnie Gould



A Special Welcome to our New Regional Data Specialist Camille Godley!



My name is Camille Godley and I am so happy to be a part of the Craven Smart Start Team.

I am a graduate of East Carolina University and UNC Wilmington with over 10 years of combined experience working with Elementary Education (1st-2nd grade), Child Care and Educational support. During my free time, I love spending time with family, attending church, refurbishing furniture, creative writing, and traveling.

I look forward to lending a helping hand to staff members, parents, and children with their endeavors in hopes of making our dear team stronger!

Sincerely, Camille Godley

Camille will begin her journey with our Craven Smart Start Team on April 10, 2023!

Craven Smart Start Rocks





Be on the Lookout for Craven Smart Start Rocks! Are you looking for a fun outdoor activity to do with your family? We have recently shared our rocks throughout Craven County, Because ...Craven County Rocks! Each rock is tagged #cravensmartstart. If you find one, please tag us on Facebook; and keep an eye on our page as we continue to add rocks to the collection! The rocks will continue to be hidden all around Craven County during April 2023. Look for them around local businesses, community parks, and more! Children may keep the rocks or re-hide them for their friends to find. Join us in this family fun activity! We want to share your pictures!

Remember... Craven Rocks!

From the Desk of the Parent/Provider Specialist Bianca Salinas



Easter is Sunday, April 9th!

Below are two fun activities that you and your little one(s) can do together for the Easter Holiday!



Easter Egg Potato Stamps

What you need:

- Potatoes (cut with designs)
- paint
- paper
- shredded green paper

https://www.thebestideasforkids.com/easterpaper-plate-basket/



Toilet Paper Roll Bunny Stamp

What you need:

- Toilet paper rolls
- paint
- paper

https://www.naturalbeachliving.com/easy-easter-bunny-crafts/

Craven Smart Start will be at Festival of Fun on April 15th!



Saturday, April 15 is City of New Bern Parks and Recreation's annual Festival of Fun! They will have arts & crafts, games/activities and different vendors there.

Craven Smart Start will be having a table at the event with wonderful information for families and some cool kids activities!

We hope to see you there!

TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

School Age Specialist - Tammy Cullom

Family Meetings Help Teach Problem Solving



Do you schedule family meetings? Many parents have family meetings on a regular basis and when all family members can be present. There are several benefits to holding family meetings. Here are some of those benefits:

- Children have an opportunity to experience problem solving with a group.
- Children can voice their opinions on the topic of discussion.
- Family meetings open line of communication within the family.

Suggestions for holding successful family meetings include having the meeting where there are no distractions. If needed, rules for the meeting can be made, such as what to do if someone's phone rings. It is important that the adults do not dominate the discussion since all should have time to discuss their thoughts. A chart could be used to list the decisions made in the meeting. Sharing in the discussion and participating in problem solving give your child a great start for handling issues when outside of your home.





TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

Healthy Social Behavior Specialist - Sonia Sumner



Question: I have been working through some challenging behaviors with one of my preschoolers for a while now and have finally begun to see some improvements in her behavior. Now, other children who otherwise had no behavioral concerns, are starting to demonstrate the very same behaviors: rebelling, saying "no", and being defiant. I am glad that I am starting to see an improvement in her behavior, but fear that it went on too long because other children are starting to use those same behaviors.

Answer: We know that children use imitation and mimicking behaviors to learn and practice new skills, but it can be frustrating when they mimic challenging behavior too.

Addressing those behavioral challenges probably demanded a lot of your attention and the other children may be seeking attention as well. If you can ignore these newly developed behaviors, do so. Appropriately ignoring these behaviors means they will be less likely to repeat them since they are not warranting the attention that they had hoped for. As soon as children return to the desired behavior, use descriptive praise to reinforce the prosocial behavior while teaching children exactly what behavior to use to get their needs met. Be sure to use positive attention to reinforce those behaviors that we want to see more of and withhold attention from challenging behaviors that we want to see diminished.

Continue to consistently implement the strategies that have been working with the targeted child. As you continue to support her, be sure to celebrate her successes publicly but respond to her use of challenging behavior privately. Using the ignoring strategy works best when we are interacting positively with children when they are NOT using challenging behavior.

This information is from the March OH, Behave! HSB Newsletter. To read this newsletter and previous ones, please visit https://www.livebinders.com/play/play? id=2575815&backurl=/shelf/my

<u>Training Information Craven Smart Start</u>



To register for a training, please email registration form to venus@cravensmartstart.onmicrosoft.com and more information will be sent regarding the online training.

All trainings listed below are \$8.00 for lending library members and \$10 for non-members unless otherwise stated.

Face to Face & Online Zoom Training's in April

*We are NOT Babysitters: The Importance of Linking Professionalism to Higher Wages

Presenter: Kelly Shaw

Wednesday, April 5th, 2023

6:30 PM-8:30 PM

Virtual

*Why Questions Matter: Improving Interactions, Conversations and Creating Fun and

Meaningful Experiences for School-Age Children

Presenter: Tammy Cullom Monday, April 10th, 2023

6:30 PM-8:30 PM

Face to Face

*Grief and Loss in Young Children: Helping Young Children Cope

Presenter: Sonia Sumner Thursday, April 13th, 2023

6:30 PM-8:30 PM

Virtual

*What Are Developmentally Appropriate Practices?

Presenter: Courtney Cartwright

Thursday, April 20th, 2023

6:30 PM-8:30 PM

Face-To-Face

*It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care

Presenter: Demeka Bryant Monday, April 24th, 2023

6:30 PM-8:30 PM

Face-To-Face

Local Upcoming Events



Easter Egg Hunt

- Saturday, April 1st, 2023
- Will be held at Lawson Creek Park, 1309 Country Club Road on Thalmann Field
- Admission is FREE
- Egg Hunts will be offered to children in the following age groups: 1-2 (10am); 3-5 (10:30am); 6-8 (11am); and 9-12 (11:30am)
- For questions, please call 252-639-2901



Twilight Egg Hunt and Movie in the Park!

- Thursday, April 6th, 2023
- Will be held at Martin Marietta Park, 700 South Glenburnie Drive
- Admission is FREE.
- Will be offered to children age 11 13 and the movie is open to all ages. The Hunt starts at dusk (approximately 7:20pm) and the movie will start at approx 8:00pm.
- Bring your own baskets and flashlights!
- For questions, please call 252-639-2901



Camp Spring Fling

- April 10th-April 14th, 2023
- Serving grades Kindergarten through 8th grade
- Two Locations:
 - West New Bern Recreation Center, Monday-Friday, 8AM-5PM
 - Jasper G. Hayes Omega Center, Monday-Thursday, 8AM-5PM
 & Fridays at West New Bern Recreation Center
 - \$55 for residents & \$65 for non-residents
- For more information call 252-639-2912
- To register visit West New Bern Recreation Center or go to https://www.newbernnc.gov/departments/programs/youth.php



Little Tots Jewelry

- Two Locations
 - West New Bern Recreation Center, April 4th & April 18th, 11:30AM-12:30PM
 - Jasper G. Hayes Omega Center, April 6th & April 20th, 11:30AM-12:30PM
- \$5 per month
- For ages 3-5

Child Care Resource & Referral

Craven

Smart Start

Each Child. Our Community.

2111 Neuse Blvd. Suite F. New Bern, NC 28560

Phone: 252- 672-5921 Fax: 252-672-5922

Email: bianca@cravensmartstart.org



Child Care Resource and Referral is here for you. FREE referrals to fit your child care needs with a licensed, regulated, or legally exempt childcare program.

Looking for:

- *Full-Time/Part-Time Care
- *Before/After School Care
- *Part-Time Preschool
- *Weekend Care
- *Drop-In Care
- *Hourly Care

CCR&R Mission Statement

To enhance the quality and quantity of child care services in Craven County by providing a wide range of information, referrals, advocacy and training services to families, providers, and the community in general.