

Child Care Resource & Referral (CCR&R) Parent/Provider Newsletter



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Craven Smart Start News

Baby Expo Event!

Join us in celebrating the
WEEK OF THE YOUNG CHILD



Attention: Parents & Guardians; Expectant Parents; Grandparents
Looking for resources & services for babies & young children?
Craven Smart Start & Local Children's Organizations Presents:


A Baby and Young Child Expo

Saturday, April 1st 10:00 a.m. – 2:00 p.m.

At the New Bern Mall

Special Features

- Vendor tables hosted by children's organizations.
- Door Prizes and a Diaper Raffle
- Kids fun activities
- Free parenting materials



This event is sponsored by **Greenville Ace Hardware**. Admission is Free.
For information: contact Pinkie Moore at pmoore@cravensmartstart.org or call (252) 672-5921.

Craven Smart Start & Local Children's Organizations are hosting a Baby Expo event at the New Bern Mall where we will have vendor tables, door prizes and a diaper raffle, parenting materials and fun children's activities!

When: Saturday, April 1st, 2023

Time: 10 AM - 2 PM

Where: New Bern Mall

Admission is FREE.

We hope to see you there!

Craven Smart Start's "From the Bottom Up" Diaper Distribution Update



Craven Smart Start's
"From the Bottom Up"
Diaper Distribution



Begins 2/2/23

Diapers are now available at Craven Smart Start
Located at 2111 Neuse Blvd. Suite F in New Bern

Distribution Days – Monday thru Thursday 10 a.m.-1p.m.
Parents need to call 252-672-5921 to make an appointment
to receive a free package of diapers for each child in diapers
once a month if diapers are in stock.

Must be a resident of Craven County-need proof of residency.
Must be parent/guardian of child/children in diapers-birth to 5 yrs.

For more information: Call 252-672-5921 or email: pmoore@cravensmartstart.org

Our diaper supply is getting low!

Even though it is a great thing, our diaper supply is low at this time. We are also out of baby wipes.

We currently only have sizes 1, 2, 3 & 4.

if you are in need of the sizes that we do have in stock, distribution days are Monday-Thursday, 10AM-1PM.

We ask that you please call and make an appointment.

CCR&R Director Updates- Bonnie Gould



A Special Welcome to our New Regional Data Specialist Camille Godley!



My name is Camille Godley and I am so happy to be a part of the Craven Smart Start Team. I am a graduate of East Carolina University and UNC Wilmington with over 10 years of combined experience working with Elementary Education (1st-2nd grade), Child Care and Educational support. During my free time, I love spending time with family, attending church, refurbishing furniture, creative writing, and traveling. I look forward to lending a helping hand to staff members, parents, and children with their endeavors in hopes of making our dear team stronger!

Sincerely,
Camille Godley

Camille will begin her journey with our Craven Smart Start Team on April 10, 2023!

Craven Smart Start Rocks



Be on the Lookout for Craven Smart Start Rocks! Are you looking for a fun outdoor activity to do with your family? We have recently shared our rocks throughout Craven County, Because ...Craven County Rocks! Each rock is tagged #cravensmartstart. If you find one, please tag us on Facebook; and keep an eye on our page as we continue to add rocks to the collection! The rocks will continue to be hidden all around Craven County during April 2023. Look for them around local businesses, community parks, and more! Children may keep the rocks or re-hide them for their friends to find. Join us in this family fun activity! We want to share your pictures!

Remember... Craven Rocks!

From the Desk of the Parent/Provider Specialist Bianca Salinas



Easter is Sunday, April 9th!

Below are two fun activities that you and your little one(s) can do together for the Easter Holiday!



Easter Egg Potato Stamps

What you need:

- Potatoes (cut with designs)
- paint
- paper
- shredded green paper

<https://www.thebestideasforkids.com/easter-paper-plate-basket/>



Toilet Paper Roll Bunny Stamp

What you need:

- Toilet paper rolls
- paint
- paper

<https://www.naturalbeachliving.com/easy-easter-bunny-crafts/>

Craven Smart Start will be at Festival of Fun on April 15th!



Saturday, April 15 is City of New Bern Parks and Recreation's annual Festival of Fun! They will have arts & crafts, games/activities and different vendors there.

Craven Smart Start will be having a table at the event with wonderful information for families and some cool kids activities!

We hope to see you there!

TA Quick Quality Tips From Craven Smart Start/CCR&R Staff



School Age Specialist- Tammy Cullom

Family Meetings Help Teach Problem Solving

Do you schedule family meetings? Many parents have family meetings on a regular basis and when all family members can be present. There are several benefits to holding family meetings. Here are some of those benefits:

- Children have an opportunity to experience problem solving with a group.
- Children can voice their opinions on the topic of discussion.
- Family meetings open line of communication within the family.

Suggestions for holding successful family meetings include having the meeting where there are no distractions. If needed, rules for the meeting can be made, such as what to do if someone's phone rings. It is important that the adults do not dominate the discussion since all should have time to discuss their thoughts. A chart could be used to list the decisions made in the meeting. Sharing in the discussion and participating in problem solving give your child a great start for handling issues when outside of your home.



TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

Healthy Social Behavior Specialist – Sonia Sumner



Question: I have been working through some challenging behaviors with one of my preschoolers for a while now and have finally begun to see some improvements in her behavior. Now, other children who otherwise had no behavioral concerns, are starting to demonstrate the very same behaviors: rebelling, saying “no”, and being defiant. I am glad that I am starting to see an improvement in her behavior, but fear that it went on too long because other children are starting to use those same behaviors.

Answer: We know that children use imitation and mimicking behaviors to learn and practice new skills, but it can be frustrating when they mimic challenging behavior too.

Addressing those behavioral challenges probably demanded a lot of your attention and the other children may be seeking attention as well. If you can ignore these newly developed behaviors, do so. Appropriately ignoring these behaviors means they will be less likely to repeat them since they are not warranting the attention that they had hoped for. As soon as children return to the desired behavior, use descriptive praise to reinforce the prosocial behavior while teaching children exactly what behavior to use to get their needs met. Be sure to use positive attention to reinforce those behaviors that we want to see more of and withhold attention from challenging behaviors that we want to see diminished.

Continue to consistently implement the strategies that have been working with the targeted child. As you continue to support her, be sure to celebrate her successes publicly but respond to her use of challenging behavior privately. Using the ignoring strategy works best when we are interacting positively with children when they are NOT using challenging behavior.

This information is from the March OH, Behave! HSB Newsletter. To read this newsletter and previous ones, please visit <https://www.livebinders.com/play/play?id=2575815&backurl=/shelf/my>

Training Information Craven Smart Start



To register for a training, please email registration form to venus@cravensmartstart.onmicrosoft.com and more information will be sent regarding the online training.
All trainings listed below are \$8.00 for lending library members and \$10 for non-members unless otherwise stated.

Face to Face & Online Zoom Training's in April

*We are NOT Babysitters: The Importance of Linking Professionalism to Higher Wages

Presenter: Kelly Shaw

Wednesday, April 5th, 2023

6:30 PM-8:30 PM

Virtual

*Why Questions Matter: Improving Interactions, Conversations and Creating Fun and Meaningful Experiences for School-Age Children

Presenter: Tammy Cullom

Monday, April 10th, 2023

6:30 PM-8:30 PM

Face to Face

*Grief and Loss in Young Children: Helping Young Children Cope

Presenter: Sonia Sumner

Thursday, April 13th, 2023

6:30 PM-8:30 PM

Virtual

*What Are Developmentally Appropriate Practices?

Presenter: Courtney Cartwright

Thursday, April 20th, 2023

6:30 PM-8:30 PM

Face-To-Face

*It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care

Presenter: Demeka Bryant

Monday, April 24th, 2023

6:30 PM-8:30 PM

Face-To-Face

Local Upcoming Events

EASTER EGG HUNT

SATURDAY, APRIL 1, 2023

LAWSON CREEK PARK
1309 COUNTRY CLUB ROAD
NEW BERN, NC



EGG HUNTS STARTING TIMES:

- 1-2 years old - Hunt starts @ 10:am
(1 parent may assist their child)
- 3-5 years old - Hunt starts @ 10:30am
(No parents may assist)
- 6-8 years old - Hunt starts @ 11:00am
- 9-12 years old - Hunt starts @ 11:30am

Don't be late. Each hunt starts on time.

THE EASTER BUNNY WILL BE ON SITE FOR PHOTOS!

FOR ADDITIONAL INFORMATION CONTACT NEW BERN PARKS & RECREATION AT 252-639-2901 OR VISIT OUR PARKS & RECREATION PAGE @ WWW.NEWBERNNC.GOV

Enjoy Activities, Candy, Games & More!

*RAIN DATE: SATURDAY APRIL 8



Easter Egg Hunt

- Saturday, April 1st, 2023
- Will be held at Lawson Creek Park, 1309 Country Club Road on Thalmann Field
- Admission is FREE
- Egg Hunts will be offered to children in the following age groups: 1-2 (10am); 3-5 (10:30am); 6-8 (11am); and 9-12 (11:30am)
- For questions, please call 252-639-2901



Twilight Egg Hunt and Movie in the Park!

- Thursday, April 6th, 2023
- Will be held at Martin Marietta Park, 700 South Glenburnie Drive
- Admission is FREE.
- Will be offered to children age 11 - 13 and the movie is open to all ages. The Hunt starts at dusk (approximately 7:20pm) and the movie will start at approx 8:00pm.
- Bring your own baskets and flashlights!
- For questions, please call 252-639-2901

New Bern Parks and Recreation



Camp Spring Fling

Two Locations

West New Bern Recreation Center 1225 Pinetree Drive Monday- Friday, 8am-5pm	Jasper G. Hayes Omega Center 800 Cedar Street Monday- Thursday, 8am-5pm Friday at West New Bern
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WHY YOU'LL LOVE IT

- ✓ Fantastic staff
- ✓ Diversity
- ✓ Wide range of activities
- ✓ Affordable

\$55.00 Residents \$65.00 Non-Residents

April 10-April 14, 2023
Serving grades Kindergarten through 8th

REGISTER AT WEST NEW BERN RECREATION CENTER OR ON THE PARKS AND RECREATION PAGE ONLINE AT WWW.NEWBERNNC.GOV FOR MORE INFORMATION CONTACT SHELLEY COLLINS AT 252-639-2912



Camp Spring Fling

- April 10th-April 14th, 2023
- Serving grades Kindergarten through 8th grade
- Two Locations:
 - West New Bern Recreation Center, Monday-Friday, 8AM-5PM
 - Jasper G. Hayes Omega Center, Monday-Thursday, 8AM-5PM & Fridays at West New Bern Recreation Center
 - \$55 for residents & \$65 for non-residents
- For more information call 252-639-2912
- To register visit West New Bern Recreation Center or go to <https://www.newbernnnc.gov/departments/programs/youth.php>

Little Tots Jewelry

3-5 year olds

\$5 Per Month

During the months of March and April on Tuesdays and Thursdays

This program will be for children to come and enjoy making bracelets, headbands, rings, and necklaces.

West New Bern Recreation Center
March 7 & 21
April 4 & 18
11:30am - 12:30pm

Jasper G. Hayes Omega Center
March 9 & 23
April 6 & 20
11:30am - 12:30pm

For more information contact Ashley Parham at 252-639-2913 or parhama@newbernnnc.gov. Register online at our Parks and Recreation page at NewBernNC.gov

Little Tots Jewelry

- Two Locations
 - West New Bern Recreation Center, April 4th & April 18th, 11:30AM-12:30PM
 - Jasper G. Hayes Omega Center, April 6th & April 20th, 11:30AM-12:30PM
- \$5 per month
- For ages 3-5

Child Care Resource & Referral

2111 Neuse Blvd.
Suite F.
New Bern, NC 28560

Phone: 252- 672-5921
Fax: 252-672-5922
Email: bianca@cravensmartstart.org



Child Care Resource and Referral is here for you. FREE referrals to fit your child care needs with a licensed, regulated, or legally exempt childcare program.

Looking for:

- *Full-Time/Part-Time Care**
 - *Before/After School Care**
 - *Part-Time Preschool**
 - *Weekend Care**
 - *Drop-In Care**
 - *Hourly Care**
-

CCR&R Mission Statement

To enhance the quality and quantity of child care services in Craven County by providing a wide range of information, referrals, advocacy and training services to families, providers, and the community in general.