MAY 2023

<u>Child Care Resource & Referral</u> (CCR&R) Parent/Provider Newsletter



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<u>From the Desk of the Parent/Provider Specialist</u> <u>Bianca Salinas</u>



Mother's Day is Sunday, May 14th!

Below are two fun activities that you and your little one(s) can do together for Mother's Day.



Mother's Day Picture

What you need:

- paper
- crayons



Mother's Day Sunshine Picture

What you need:

paperpasta

Craven Smart Start will be at NC Pre-K Registration on May 5th!



Friday, May 5th, the New Bern Mall will be hosting the annual NC Pre-K Registration with Craven County Schools. Registration will be open from 3 PM - 6 PM.

Below are some reminders:

- Your child must be 4 on or before August 31, 2023
- You will need to bring your child's birth certificate and proof of family income
- You also have the option to do registration online by visiting <u>www.cravenkl2.org</u>

Craven Smart Start will be having a table at the event with wonderful information for families, including information on childcare!

We hope to see you there!

CCR&R Parent/Provider Newsletter

CCR&R Director Updates- Bonnie Gould



Special Message!

THANK YOU!

- Thank you so much for being friendly, kind, caring, and patient with the young children in your care!
- Thank you for encouraging young children to feel happy and comfortable in your environment.
- Thank you for teaching children the basic skills they will need to realize their full potential!
- Thank you so much for instilling the spirit of love, patience, generosity, and courage in the lives of young children.
- You are such an amazing early childhood professional!

Craven Smart Start wants to THANK YOU for all you do for the young children and families in your care!



<u>TA Quick Quality Tips</u> From Craven Smart Start/CCR&R Staff

Healthy Social Behavior Specialist - Sonia Sumner / Brandi Parnell





Free Talk to the Expert Webinar!

- Biting: Why It Happens and How to Respond
- Thursday, May 11th
- 7 PM 8 PM
- Via Zoom https://ccrinc.zoom.us/j/6285396080? pwd=OUpJR2MrdUZyQjIBK2IHWnBkTW xuQT09

challenging behaviors helpline

Do you have children who bite? Do children struggle to focus during circle time? Do challenging behaviors cause difficult transitions? Do you spend all day managing behavior? Are you at your wits' end?

Help is available for these and other behavior challenges!

Speak to a Behavior Support Advisor for advice and resources specific to the challenging behaviors in your classroom. **1-888-600-1685 Option 1**

<u>Submit your questions</u> to a Behavior Support Advisor online and receive a call or email in response.

Post your questions in the 'Talk to the Expert' Group on our online network, <u>Social Emotional Connections</u>, for early childhood educators. There will also be opportunities to join free webinars on challenging topics or classroom activities.







New Challenging Behaviors Helpline is now available!

• 1-888-600-1685 Option 1

<u>TA Quick Quality Tips</u> <u>From Craven Smart Start/CCR&R Staff</u>

Quality Enhancement Specialist- Courtney Cartwright



Safely Lifting Children

Caregivers lift children many times throughout the day and for many reasons. This is why it is important to pay attention to the way you pick up a child. If a child is picked up incorrectly then serious injury can take place.

One injury that can arise from improperly lifting a child is called "Nursemaid's Elbow," also known as pulled elbow or dislocated elbow. "Nursemaid's Elbow" occurs when the ligament slips out of place and gets caught between bones in the elbow. This type of injury generally occurs in toddlers and preschoolers. It does not cause much swelling or bruising, but the child will likely experience pain. They may hold the arm close to their side with the elbow bent. This injury can occur when a child is:

- Lifted or pulled by the hand or wrist this could happen when early educators or caregivers are lifting a child to the diaper changing table or when trying to pull a child from a dangerous situation.
- Swung by the hand or wrist this could happen when an early educator or caregiver is attempting to play with a child and swings them in circles or when swinging them as they are walking.

Some children are more prone to this injury than others, some might even get it more than once. Some steps to take to prevent "Nursemaid's Elbow" are:

- Avoid pulling and tugging a child by hands or wrists.
- Avoid swinging a child by arms or hands.
- Always pick up a child from under the armpits.

"Nursemaid's Elbow" is an injury in which a child can receive it unintentionally by their caregiver. If it is suspected that a child may have this injury contact your medical provider to receive treatment.



Training Information Craven Smart Start



To register for a training, please email registration form to venus@cravensmartstart.onmicrosoft.com and more information will be sent regarding the online training.

All trainings listed below are \$8.00 for lending library members and \$10 for non-members unless otherwise stated.

Face to Face & Online Zoom Training's in April

<u>*Toxic Stress and Its Impact on Children</u> Presenter: Sonia Sumner Thursday, May 4th, 2023 6:30 PM-8:30 PM Virtual

<u>*Fire Safety</u> Presenter: Jeff Connor Tuesday, May 9th, 2023 6:30 PM-8:00 PM

Face to Face New Bern Fire Department - 1401 Neuse Blvd., New Bern, NC 28560

*It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care

Presenter: Courtney Cartwright Tuesday, May 9th, 2023 6:30 PM-8:30 PM Virtual

*All About the Family: Building Lasting Partnerships in your Facilities and Classrooms Presenter: Kelly Shaw Thursday, May 11th, 2023 6:30 PM-8:30 PM Virtual

<u>*Basic School Age Care</u> Presenter: Tammy Cullom Tuesday, May 16, 2023 **AND** Tuesday, May 23, 2023 6:30 PM-9:00 PM Face-To-Face

Child Care Resource & Referral

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Phone: 252- 672-5921 Fax: 252-672-5922 Email: bianca@cravensmartstart.org





Child Care Resource and Referral is here for you. FREE referrals to fit your child care needs with a licensed, regulated, or legally exempt childcare program.

Looking for: *Full-Time/Part-Time Care *Before/After School Care *Part-Time Preschool *Weekend Care *Drop-In Care *Hourly Care

CCR&R Mission Statement

To enhance the quality and quantity of child care services in Craven County by providing a wide range of information, referrals, advocacy and training services to families, providers, and the community in general.