

# Child Care Resource & Referral (CCR&R) Parent/Provider Newsletter



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# CCR&R Director Updates- Bonnie Gould



Craven Smart Start has added the ITCHY BOOKWORM Vending Machine to our Lending Library!

Families are invited to bring their children to our Lending Library to explore our play area, read age-appropriate books, and socialize with family and friends. The Literacy journey will now be extended in the home with the help of our ITCHY Bookworm Vending Machine located in our Lending Library. The ITCHY Bookworm Vending Machine is filled with wonderful literacy experiences for young children, and it is FREE!

Children who visit Craven Smart Start will be given a gold coin to use in the book vending machine. Children can select a book to take home to enjoy with family and friends! Come check out our new ITCHY Bookworm Vending Machine today!

## From the Desk of the Parent/Provider Specialist Bianca Salinas



### Being safe this Fourth of July

A graphic from the American Red Cross with a blue and white checkered background. It features the text "HAVE A Perfect Picnic" and three safety tips with checkmarks. The tips are: "Don't catch your house on fire by grilling too close.", "Don't leave perishable food in the sun.", and "Keep pets away from grills." There is an illustration of a picnic basket with watermelon, a bottle of sauce, and a bowl of food. The American Red Cross logo is in the top right corner.

HAVE A  
**Perfect Picnic**

- ✓ Don't catch your house on fire by grilling too close.
- ✓ Don't leave perishable food in the sun.
- ✓ Keep pets away from grills.

To see these safety tips and more please visit <https://www.redcross.org/about-us/news-and-events/news/2022/follow-these-steps-for-a-safe-4th-of-july.html>

#### Fireworks Safety (for doing fireworks at home)

- Keep a supply of water close by as a precaution.
- Make sure the person lighting fireworks always wears eye protection.

#### Picnic Safety

- Don't leave food out in the hot sun. Keep perishable foods in a cooler with plenty of ice or freezer gel packs.
- Always supervise the grill when in use. Don't add charcoal starter fluid when coals have already been ignited. Use the long-handled tools especially made for cooking on the grill to keep the chef safe.

#### Beach Safety

- Always designate a "water watcher" whose sole responsibility is to keep a close eye and constant attention on everyone in and around the water until the next water watcher takes over

# TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

**Quality Enhancement/Professional Development Specialist –  
Kelly Shaw**



## Who is Ready for the Summer!!!!

Summer can be a very exciting time. Field trips, water activities, and so much more! With all the fun, there are always a few extra steps to consider when planning summer activities. Now is a great time to check buses to ensure that paperwork is updated, fire extinguishers are in good working order, and the first aid kit is ready to go. Extra water is always important for those hot summer days when going on a field trip, too.

If you are planning on doing water activities or spending a bunch of time outdoors, do not forget sunscreen; or the medication forms to go with the sunscreen. Going to the splash pad and pool? Make sure those water activity forms are filled out. Hats, cool clothing, and appropriate shoes are important too.

But most of all, do not miss out on playing! Chalk, water play, hopscotch, kick ball, and so much more are available to enjoy in the nice summer weather. If it gets too hot, don't forget to bring the fun indoors. You can also change your schedules around to go out before or after the hottest part of the day. Just remember to document that you went outside at a different time. Don't let the extra stuff get you down, summer is such a fun time of year for the children!

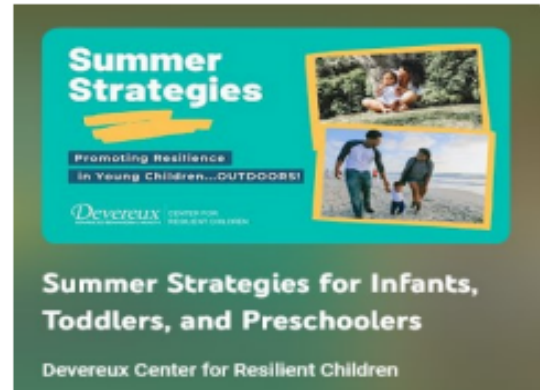


# TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

## Healthy Social Behavior Specialist (HSB)– Sonia Sumner



June 21 marks the first official day of summer. The Devereux Center for Resilient Children and Dr. Nefertiti Poyner have developed a series of videos on how to get outside with the little ones and help to build their resilience while enjoying nature! To watch the series, click [here!](#)



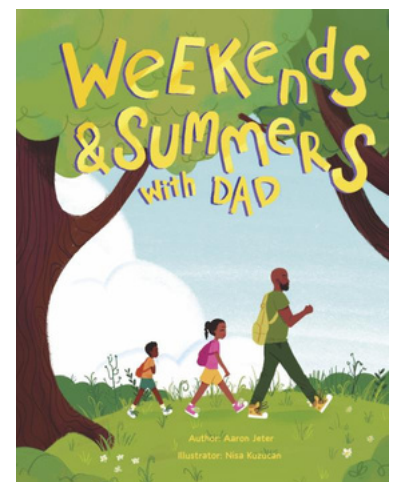
### Tip of the Month:

Did you know being in nature is especially therapeutic for children prone to poorer health conditions, stress, and exposure to negative early childhood experiences?



### Social/Emotional Book Nook

Aubrey and Zach spend their summers with dad, visiting different places and sharing in laughter and fun along the way. This delightful and fun book by Aaron Jeter highlights relationships and family. Teachers can use it to support children's transitions as they leave to visit with parents or other family members during the summer break. As a book written for children and parents in shared parenting situations, it is ideal for all ages.



**\*You can find these articles and more in the OH Behave Newsletters from the Regional HSB Specialists. Click [here](#) to view all newsletters.**

# Training Information Craven Smart Start



To register for a training, please email registration form to [venus@cravensmartstart.onmicrosoft.com](mailto:venus@cravensmartstart.onmicrosoft.com) and more information will be sent regarding the online training.  
All trainings listed below are \$8.00 for lending library members and \$10 for non-members unless otherwise stated.

## Face to Face & Online Zoom Training's in July

### \*Deep Breathing: A Connection to Calm

Presenter: Sonia Sumner

Thursday, July 13th, 2023

6:30 PM-8:30 PM

**Virtual**

### \*CPR/First Aid

Presenter: Courtney Cartwright

Saturday, July 15th, 2023

8:00 AM-1:00 PM

**Face to Face; \$55.00 for CCR&R Library Members \$65.00 for non-members**

### \*Basic School Age Care

Presenter: Tammy Cullom

Monday, July 17, AND Thursday, July 20, 2023

6:30 PM-8:30 PM

**Face to Face; \$20.00 for CCR&R Library Members/\$25.00 for non-members**

### \*It's SIDS: Infant/ Toddler Safe Sleep and SIDS Reduction in Child Care

Presenter: Demeka Bryant

Tuesday, July 18th, 2023

6:30 PM-8:30 PM

**Face to Face**

### \*North Carolina Foundations for Early Learning and Development

Presenter: Kelly Shaw

Monday, July 31, AND Thursday, August 3, 2023

6:30 PM-9:00 PM

**Virtual**

# Local Events



**City of New Bern**  
**4th of July CELEBRATION**  
**Tuesday, July 4th, 2023**  
**Activities begin at 5:30pm**  
**Lawson Creek Park**  
**East Coast Rhythm & Blues Band**  
 Live music begins at 6:00pm  
**Food Trucks**  
**Entertainment For All Ages**  
**Fireworks begin at 9:15pm!**

FACE PAINTING, PHOTO BOOTH, INFLATABLES, GAMES & MORE

Coolers welcome. Do NOT bring glass, alcohol, fireworks, grills, or pets. Service animals permitted pursuant to City Ordinance Section 6-5. Bicyclists are asked to refrain from riding their bikes inside the park. This event is presented by New Bern Parks and Recreation. For information, visit us online at [www.NewBernNC.gov](http://www.NewBernNC.gov) or call 252-639-2901



**2023 FREEDOM FESTIVAL**  
**TUESDAY, JULY 4, 2023**  
**5:00 P.M. - 9:30 P.M.**  
**HAVELOCK CITY PARK**

- ★ Food Vendors
- ★ Games
- ★ Fireworks at 9 p.m.
- ★ Contests



**SWIM LESSONS**

**NEW BERN AQUATIC CENTER**  
**2023 SESSION DATES**

Session 1: June 12th - 22nd  
 Session 2: July 3rd - 13th  
 Session 3: July 24th - Aug. 3rd

**Times Offered Each Session**

**Morning**  
 Ages 3-5: 9am - 9:30am  
 Ages 6+: 9am - 9:45am

**Evening**  
 Ages 3-5: 6:15pm - 6:45pm  
 Ages 6+: 6:15pm - 7:00pm  
 Adults: 6:15pm - 7:00pm

Ages 3 - 5: 30 minute lessons  
 Ages 6 & Older: 45 minute lessons

**CITY RESIDENT: \$40/SESSION**  
**NON-RESIDENT: \$70/SESSION**

**Sessions Offered Information**  
 Each Session includes 8 CLASSES.  
 Classes meet Monday - Thursday for two weeks (Friday of each week is reserved as a rain date)  
 \*No class on July 4th.

**Registration**  
**REGISTRATION OPENS FRIDAY, MARCH 17**  
 Online Registration: [www.NewBernNC.gov](http://www.NewBernNC.gov)  
 In Person: Parks & Recreation Admin Offices  
 1307 Country Club Road, New Bern, NC

City of New Bern  
 Parks & Recreation  
 Aquatic Center  
 1155 Laura Lane  
 New Bern, NC 28562



- New Bern Aquatic Center is now open!
- To see the season schedule, please visit [https://www.newbernnc.gov/departments/new\\_bern\\_aquatic\\_center.php](https://www.newbernnc.gov/departments/new_bern_aquatic_center.php)

# Child Care Resource & Referral

2111 Neuse Blvd.  
Suite F.  
New Bern, NC 28560

Phone: 252- 672-5921  
Fax: 252-672-5922  
Email: bianca@cravensmartstart.org



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**Child Care Resource and Referral is here for you. FREE referrals to fit your child care needs with a licensed, regulated, or legally exempt childcare program.**

**Looking for:**

- \*Full-Time/Part-Time Care**
  - \*Before/After School Care**
  - \*Part-Time Preschool**
  - \*Weekend Care**
  - \*Drop-In Care**
  - \*Hourly Care**
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## **CCR&R Mission Statement**

To enhance the quality and quantity of child care services in Craven County by providing a wide range of information, referrals, advocacy and training services to families, providers, and the community in general.