

# Child Care Resource & Referral (CCR&R) Parent/Provider Newsletter

Child Care Resource & Referral



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# CCR&R Director Updates- Bonnie Gould



Now Hiring!

Craven Smart Start, CCR&R, is hiring two Quality Enhancement Specialist positions, and one Family Child Care Specialist position. Requirements: Bachelor's Degree in Early Childhood Experience: Minimum of 3 Years Experience working in the early education field. Qualifications & Skills: Experience training adults in early childhood issues. Strong written, oral communication and computer skills. Pleasant attitude and flexibility required.

If you are interested, please send your resume to [bonnie@cravensmartstart.org](mailto:bonnie@cravensmartstart.org).

Have a wonderful month!

Bonnie Gould  
CCR&R Director



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## From the Desk of the Parent/Provider Specialist Bianca Salinas



### **Back to School Tips**

- Plan Bedtime Routines Ahead of Time
  - About two weeks ahead is good to help kids prepare for school routines
- Create a List of Enjoyable After-School Activities
  - Playing board games, doing arts & crafts, etc.
- Create a Pleasant Environment at Home
  - it's important to create a friendly and positive atmosphere for doing homework. Maybe set up a study room/area for your kid(s) which is free from distractions and provides a peaceful and positive learning environment.



For more tips please visit <https://pratibhaintschool.org/back-to-school-tips-for-parents-2022/>

# TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

## School Age Specialist- Tammy Cullom



### Communication Tips for a New School Year

It is time for your child to head back to school. There are supplies to gather and time to set up school year routines. As this new school year gets underway, remember how important it is to keep communication flowing between you and your child. Asking your child what happened during the school day is more important than ever. Parents want their child to feel comfortable sharing information and questions while in elementary school so that will continue into the teen years when the topics become more complicated. Spending time asking questions and listening to your child shows a level of respect and caring that will make communication a positive habit.

These tips can help with your daily communication with your child.

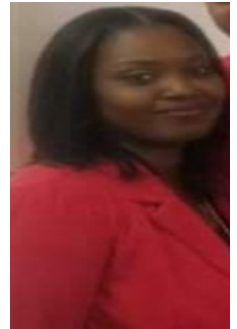
- Ask your child about the school day, every day. Listen as your child talks and ask follow up questions.
- Ask questions that can not be answered by simply saying yes or no. Instead of asking, "Did you have a good day?" ask "What was the best part of your day?"
- Model active listening with your child. Show your child that making eye contact with the person talking and asking follow up questions means you are really listening.





# TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

Birth-to-Three Specialist – Demeka Bryant



## Helping Children Make Transitions between Activities

### HANDOUT

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#### **Prepare children to move from one activity or setting to another.**

Provide verbal cues before transitions (e.g., “5 minutes ‘til snack,” “it’s almost clean-up time”).

Use nonverbal cues (e.g., showing pictures of the next activity, ringing a bell).



#### **Plan your daily schedule to include transition times, and consider what the children and adults in the setting will do during these times.**

Sing songs, play word or guessing games, recite rhymes, or do finger plays with children so that the time passes more quickly when they have to wait for long periods of time for new activities to begin.

Plan a gradual increase or decrease in the level of activity (e.g., outdoor play followed by snack) and a good balance of active and quiet play (e.g. center time followed by story time).

Limit transitions between activities.

Allow children adequate time to finish projects or activities.



#### **Individualize transition strategies.**

Provide support or different types of support to children during transitions (e.g., photos to help anticipate what activity is next, directions given in a child’s home language or sign language, an individual warning to a child that soon it will be time to clean up and begin a new activity).



#### **Help children become more independent across the year as they make transitions from one activity to another.**

Allow children to move individually from one area to another area when they complete an activity (e.g., as children finish snack, they are encouraged to go to the carpet and choose a book).

Teach children to help others (e.g., have children move as partners from one activity to another or ask one child to help another child gather his/her back pack).

Help children self-monitor during transitions (e.g., children can be asked to think about how quietly or quickly they moved from one activity to another).



#### **Provide positive attention to the children following the transitions that go smoothly (e.g., the times that children pick up the toys without much prompting).**

Give very specific positive feedback after transitions (e.g., “Nicholas and Jorge did a great job cleaning up the block area and moving to the carpet.”).

# Training Information Craven Smart Start



To register for a training, please email registration form to [venus@cravensmartstart.onmicrosoft.com](mailto:venus@cravensmartstart.onmicrosoft.com) and more information will be sent regarding the online training.

All trainings listed below are \$8.00 for lending library members and \$10 for non-members unless otherwise stated.

## Face to Face & Online Zoom Trainings in August

### \*Fire Safety

Presenter: Jeff Connor  
Tuesday, August 8th, 2023  
6:30 PM-8:00 PM

**Face to Face**

### \*Building Relationships with Children and Youth that Challenge Us

Presenter: Tammy Cullom  
Tuesday, August 15th, 2023  
6:30 PM-8:30 PM

**Face to Face**

### \*Partnering with Families to Address Challenging Behaviors

Presenter: Tammy Cullom  
Thursday, August 17th, 2023  
6:30 PM-8:30 PM

**Virtual**

### \*It's SIDS: Infant/ Toddler Safe Sleep and SIDS Reduction in Child Care

Presenter: Demeka Bryant  
Monday, August 21st, 2023  
6:30 PM-8:30 PM

**Virtual**

### \*North Carolina Health and Sanitation

Presenter: Courtney Cartwright  
Wednesday, August 23, 2023  
6:30 PM-8:30 PM

**Face to Face**

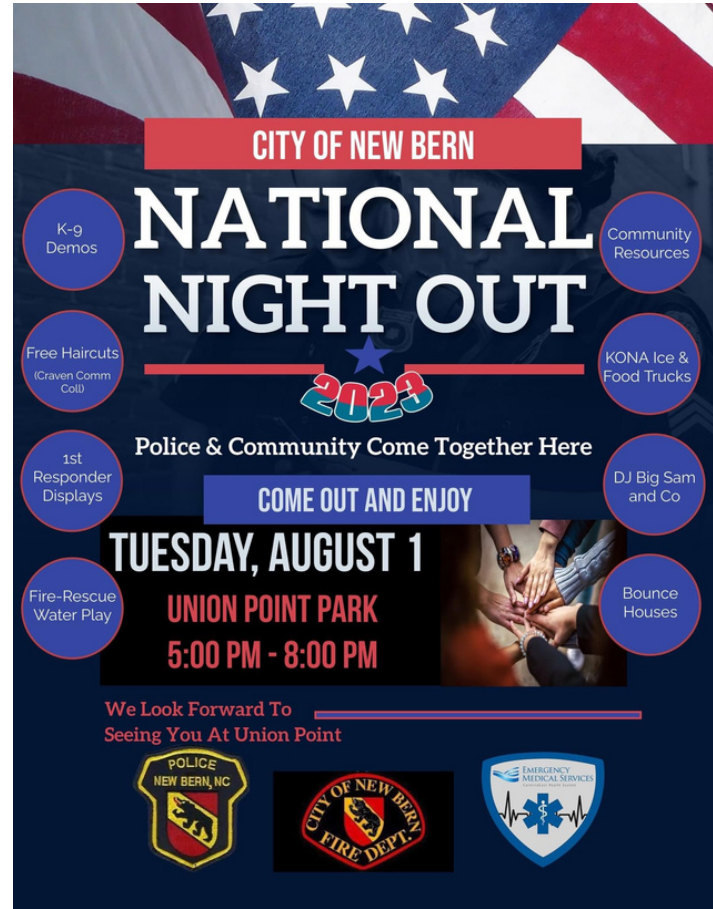


# Local Events

## Back to School Event at Broad Creek Christian Church



- Please register for event [here](#)



- We currently have diapers! We have sizes 1, 2, 3 & 4.
- If you are in need of the sizes that we do have in stock, we ask that you please call and make an appointment.

- New Bern Aquatic Center is now open!
- To see the season schedule, please visit [https://www.newbernnc.gov/departments/new\\_bern\\_aquatic\\_center.php](https://www.newbernnc.gov/departments/new_bern_aquatic_center.php)

# Child Care Resource & Referral

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**Child Care Resource and Referral is here for you. FREE referrals to fit your child care needs with a licensed, regulated, or legally exempt childcare program.**

**Looking for:**

- \*Full-Time/Part-Time Care**
  - \*Before/After School Care**
  - \*Part-Time Preschool**
  - \*Weekend Care**
  - \*Drop-In Care**
  - \*Hourly Care**
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## **CCR&R Mission Statement**

To enhance the quality and quantity of child care services in Craven County by providing a wide range of information, referrals, advocacy and training services to families, providers, and the community in general.