



Child Care Resource & Referral

Training Calendar

Quarter 2: October - November - December 2023



Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Monday, October 16, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face	It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care Demeka Bryant Birth– 3 Specialist	This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
Thursday, October 19, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face	Developmentally Appropriate Practices: But, I'm Supposed to Act This Way! Brandi Parnell Healthy Social Behavior Specialist	Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This session focuses on understanding when children can be expected to acquire certain social-emotional skills and guides participants toward understanding, respecting and responding to developmentally appropriate behaviors.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
Monday, October 23, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face	Improving Quality w/ ECERS-R Tammy Cullom Quality Enhancement Coordinator	Would you like to gain a better understanding of the Early Childhood Environment Rating Scale? More importantly, discover how to use the ECERS-R as a self assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ECERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Early Childhood Environment Rating	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, October 26, 2023 6:30 pm - 8:30 pm CCR&R– Virtual</p>	<p>Toxic Stress & Its's Impact on Children</p> <p>Sonia Sumner & Brandi Parnell Healthy Social Behavior Specialist (s)</p>	<p>Stress is a fact of life, no matter your age. Some stress is good for us –it keeps us attentive, sharp, productive, and learning. But Toxic Stress affects brain development and learning in young children, and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Monday, November 6 , 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>Finding Calm: Managing Stress & Anxiety in School Age programs</p> <p>Tammy Cullom Quality Enhancement Coordinator</p>	<p>How could reducing stress and creating calm improve your classroom? In this learning event you will learn specific skills and strategies to help reduce stress and anxiety. You and the children you serve, will also discover how to create a welcoming and calm space, along with fun and stress reducing activities to create better days ahead.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Tuesday, November 7, 2023 6:30pm-8:30pm CCR&R– Virtual</p>	<p>Grief & Loss In Young Children</p> <p>Sonia Sumner & Brandi Parnell Healthy Social Behavior Specialist (s)</p>	<p>Death and loss is a part of life that affects young children. The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the reality is that they will all experience it at one time or another. This session will define most common times of grief and loss for young children, identify stages of grief, discover ways young children react behaviorally to grief and loss, and determine ways to support children through this process.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

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<p>Wednesday, November 8, 2023 And Wednesday, November 15, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>Save the Children Bonnie Gould CCR&R Director</p>	<p>Children cope differently to crises than adults as they lack the life experiences and skills to make meaning of the event without support from caregivers and the community. Children take cues on how to respond to an emergency from their teachers and caregivers, yet often times these care providers are personally affected by the crisis themselves, forcing them to juggle the many responsibilities as stress levels go up. In this training, learn how trauma effects children, children’s common reactions to crises and best practices to facilitate their short and long-term emotional recovery. Learn about and discuss methods for caring for yourself as a caregiver so you can effectively support the recovery of the children and families you serve.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>
<p>Monday, November 13, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>It’s SIDS: Infant/ Toddler Safe Sleep and SIDS Reduction in Child Care Demeka Bryant Birth– 3 Specialist</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>
<p>Tuesday, November 14, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>Causes of Misbehavior Brandi Parnell Healthy Social Behavior Specialist</p>	<p>Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social/emotional skills. This session focuses on the common reasons that children misbehave, a crucial first step in determining how to prevent/ reduce challenging behaviors.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Tuesday, December 5, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>Children & Youth Who Challenge Us</p> <p>Tammy Cullom Quality Enhancement Coordinator</p>	<p>Have you ever been secretly pleased when one of the children in your group is absent? Some children are more difficult to work with than others. This professional development program will help you take an honest look at children and your feelings about them. Explore what professionals can do to build positive relationships with all children – even the ones who challenge us.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Thursday, December 7, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>Partner with Parents</p> <p>Brandi Parnell Healthy Social Behavior Specialist</p>	<p>When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This session focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>
<p>Monday, December 11, 2023 6:30 pm - 8:30 pm CCR&R– Face-to-Face</p>	<p>It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care</p> <p>Demeka Bryant Birth– 3 Specialist</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, December 14, 2023 6:30pm-8:30pm CCR&R– Virtual</p>	<p>Preventing Power Struggles</p> <p>Sonia Sumner & Brandi Parnell Healthy Social Behavior Specialist (s)</p>	<p>We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power</p>	<p>Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members</p> <p>Credit: 2 CHCs</p>

**DID YOU
KNOW**



CCR&R's Quarterly Training Calendar and Parent/ Provider Newsletter can be accessed at our website:



<https://www.facebook.com/CravenSmartStart>
<https://www.facebook.com/cravencountyccrr>



CCR&R Training Policies & Procedures

1. All payments are due at time of registration. Trainings/classes are filled on a first paid/first registered basis. Training fees must be brought into CCR&R during normal business hours, Monday—Friday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.
2. A registration form must accompany all payments for each participant. Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at www.cravensmartstart.org. A registration form must be submitted for all trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. No refunds will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. Cancellations must be made at least 24 hours in advance. A training credit will be issued if a paid participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
6. Substitutions of participants will not be allowed.
7. Individuals who are on the CCR&R "No Services List" are not eligible to attend trainings with CCR&R until all fines are paid in full.
8. Unless otherwise stated, each class/training must have a minimum of 5 paid participants to be held. If the required number of participants is not met by the registration deadline, the class will be canceled, and registered participants will receive a credit that can be used towards future trainings.

Registration

1. Each participant must have their own individual email and personal phone number listed. All correspondence is being completed through email and phone. It is important to have your personal email and phone number so that each participant can be individually contacted.
2. We will not be able accept registration forms from providers at the same location using the facility phone number and/or email.



CCR&R Training Policies & Procedures, cont...

3. Each participant must complete the registration form separately.
4. **The demographic survey, pre-survey, and possible pre-assessment (depending on the training) must be completed BEFORE the evening of the training. If your demographic survey and pre-work is not submitted, you will not be allowed to attend the evening of the training. Participants will be given 48 hours upon completion of the training to submit the post assessment and evaluation documents to the trainer. Without this requirement being met, certificates of completion may not be given.**
5. **There will be a \$5 fee for issuing certificates to individuals who have submitted their paperwork beyond 48 hours after the training.**

Training Attendance

1. Our trainings have limited number of spaces. Once our maximum capacity has been filled, we stop enrollment for that training. Please register early to ensure your space.
2. **To ensure that all participants are actively involved during trainings, participants must have their electronic device (computer, laptop, cellphone, iPad) camera turned on during the entire training.**
3. **Please refer to the time a training begins. To participate in the training, please login to the training 5-10 minutes prior to the beginning of the training. If you are more than 15 minutes late, you will not be allowed to attend the training and must register for the class the next time it is offered.**
4. If you sign up for multiple trainings and do not attend, your enrollment into future trainings may be limited.

There are no exceptions to the above!

If you have any questions, concerns, or would like clarification on our policies and procedures, please call Venus @ (252) 672-5921 ext. 32.

Revised September 3, 2021





IMPORTANT TRAINING UPDATES FOR Its SIDS and Emergency Preparedness

It has come to our attention that the state of North Carolina and the North Carolina Child Care Health and Safety Resource Center has placed new guidelines for It's SIDS and Emergency Preparedness.

Beginning April 1, 2022:

- No more than 10 people can attend the training at a time.
- Trainees will be required to fill out and return a training affidavit with the required training rules.
- All trainees must follow the signed affidavit, return all required paperwork, and actively participate during the training to receive their certificate.
- The affidavit is on the next page. Please bring this completed form when registering for your training.

For It's SIDS, any new trainees who are taking the training for the first time **MUST** take the training face-to-face. Due to this, we will be hosting one face to face training this quarter. To attend a face-to-face training, you **MUST** have your temperature taken and wear a face mask while in the building. There will only be 6 spaces available for face-to-face trainings.

Trainee Affidavit

All trainees agree to the following:

- I will not engage in other work or personal activities, including but not limited to, providing care (for child/ren or adult/s), driving, preparing meals, attending a class or other training.
Engaging in other work or personal activities will result in removal from the training and denial of a certificate of completion.
- I will be an active participant and demonstrate respect and professionalism throughout the training, including but not limited to asking questions and being responsive to the trainer.
- I will not record the training session or share personal information to be respectful of other attendees.
- I will arrive on time, attend the entire training, and be prompt when returning from scheduled breaks.

If attending virtually:

- I will attend through use of a desktop computer, laptop, or tablet with sound and an operating camera. I will have the camera on and be visibly present to the trainer for the duration of the training.
- I will not attend using a cell phone.
- I will have access to a stable internet connection for the duration of the training.

I understand that:

- Failure to meet any of the expectations outlined will result in denial of a certificate of completion.

****If this is ITS-SIDS Training, it may not be taken virtually if it is the first time attending this training. It can only be taken virtually if the training is being renewed after three years.**

Name: _____ Date: _____

Signature: _____

This document was reviewed by the NC Division of Child Development and Early Education (DCDEE) February 2022.

February 2022





Child Care Resource & Referral

Training Registration Form

Quarter 2: October - November – December 2023



Name: _____ Phone number: (____) _____

Mailing Address: _____ City: _____

Zip Code: _____ Email Address: _____ @ _____

CCR&R Library Member Number (if applicable): _____

Place of Employment: _____

Work Phone Number: (____) _____

County in which you are employed: _____

Classroom: _____ Ages you work with: _____

*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [] \$10.00

Total Amount Enclosed \$ _____

_____ check _____ cash _____ money order _____ credit card

**Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:
Craven Smart Start.
2111 Neuse Blvd Suite F
New Bern, NC 28560