

Child Care Resource & Referral (CCR&R) Parent/Provider Newsletter

Child Care Resource & Referral



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CCR&R Director Updates- Bonnie Gould



During the Month of November, Craven smart Start will be holding a Can Food Drive. Canned food drives serve several purposes. One is to provide food for people who may not have enough to eat. This is especially important during times of economic hardship when people may be struggling to make ends meet. Another purpose is to help stock food pantries so that they can assist people in need. Canned food drives can also be used to provide relief in areas affected by natural disasters, which we in Craven County, experienced when Hurricane Florence devastated families back in 2018.

Craven Smart Start will have Can Food Drive boxes available for donations. If you would like to help those in need, please stop by our office Monday - Thursday 8:00 AM -5:00 PM during the Month of November to drop off your donations!

All donations will be given to Religious Community Services (RCS) here in New Bern, and /or The Salvation Army.

Remember, Together, We Can Make A Difference!

Blessings,
Bonnie Gould
CCR&R Director
bonnie@cravensmartstart.org



We Still Have Diapers!

A poster for Craven Smart Start's "From the Bottom Up" Diaper Distribution. The poster features the Craven Smart Start logo at the top, followed by the text "Craven Smart Start's" and "From the Bottom Up" in large, bold, red letters. Below that, it says "Diaper Distribution" in blue. The bottom of the poster shows four babies sitting on a pile of diapers, with several packs of diapers (including Luvs and Huggies) scattered around them.

Craven Smart Start's
"From the Bottom Up"
Diaper Distribution

- We still have diapers in stock! We have sizes 1, 2, & 3.
- If you are in need of the sizes that we have in stock, we ask that you please call and make an appointment. 252-672-5921

From the Desk of the Parent/Provider Specialist Bianca Salinas



November is National Family Literacy Month

Below is a calendar full of daily fun literacy activities for you to do with your child(ren). You can also celebrate family literacy month by visiting our Resource Lending Library! Our library is full of books and games/activities for you to do read/do at our office, or you can get a library membership and take them to enjoy at home!

Daily Fun with Your Little One!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>1,2,3 Help your child get ready to learn to read! Each day features a fun activity that will help your child build pre-reading skills. Activities are color-coded by skill. Ask your children's librarian for more ideas on how to promote early literacy skills with daily activities at home.</p>			<p>1 Play It's Stress Awareness Day. Ask your child what he likes to do when he's feeling big feelings. Do that activity together.</p>	<p>2 Math It's Cash Back Day. Use dollar bills to practice adding and subtracting with your child. Give her a dollar at the end as a reminder of what she's learned.</p>	<p>3 Writing It's Sandwich Day. Have your child draw the weirdest sandwich she can think of. Would it have noodles? Ketchup? Pickles?</p>	<p>4 Sounds It's Play Outside Day. See how many sounds your child can hear outside and try to mimic the sounds to each other.</p>
<p>5 Rhymes It's Love Your Red Hair Day. Ask your child to come up with as many words as he can that rhyme with "red."</p>	<p>6 Math It's Nacho Day. Open a bag of chips and lay one on the counter. Break it apart and ask your child to count how many pieces are created after it breaks.</p>	<p>7 Play It's Color the World Orange Day. Take orange sticky notes and ask your child to stick them on as many different objects around the house as she can think of.</p>	<p>8 Science It's S.T.E.A.M Day. Find a simple, age-appropriate S.T.E.A.M project to complete with your child.</p>	<p>9 Stories It's Adoption Day. Ask your child to tell a story about a family adopting her favorite animal as a pet.</p>	<p>10 Play Grab a roll of toilet paper and take turns wrapping each other up to make parent and child "mummies."</p>	<p>11 Writing It's Sundae Day. Ask your child to draw a bowl of ice cream and different toppings on separate sheets of paper. Cut them out and stack them to make a sundae.</p>
<p>12 Play Find spare buttons around the house and use them to make creative artwork.</p>	<p>13 Songs It's World Kindness Day. Come up with a song together about the importance of being kind.</p>	<p>14 Math Help your child count the number of light bulbs that are in your home.</p>	<p>15 Writing Ask your child to draw a picture of the U.S. flag.</p>	<p>16 Reading Read <i>Sam's Sandwich</i> by David Pelham with your child and ask him to list some silly things to put on a sandwich.</p>	<p>17 Math It's Take a Hike Day. Go on a walk around your neighborhood and ask your child to count how many white cars they see.</p>	<p>18 Rhymes It's Mickey Mouse's Birthday. To celebrate, ask your child to rhyme words with "ear."</p>
<p>19 Reading Read <i>Say Hello!</i> by Rachel Isadora and introduce your child to greetings in other languages.</p>	<p>20 Science Have your child help you sort the trash from the recyclables today.</p>	<p>21 Sounds It's World Television Day. Watch TV for half an hour and ask your child to imitate sounds she hears.</p>	<p>22 Songs It's Jukebox Day. Listen to music from the 1950s and have a sock hop.</p>	<p>23 Math It's Fibonacci Day. Explore this sequence in nature by looking at seashells, flowers, and other objects.</p>	<p>24 Reading Ask your child to pick out a few of his favorite books and snuggle in for story time.</p>	<p>25 Play Play freeze tag. Every time your child is tagged, make sure they count to five before they start running again.</p>
<p>26 Science It's Cake Day. Measure ingredients with your child as you make a cake, then explain why it rises as it bakes.</p>	<p>27 Sounds Listen to jazz music and practice making saxophone noises with your mouths.</p>	<p>28 Stories It's Red Planet Day. Ask your child to tell a story about going to Mars. What would she do there for a day?</p>	<p>29 Play Try classic games that require no equipment, such as Hide and Seek, I Spy, or Duck, Duck, Goose.</p>	<p>30 Reading Read <i>Chocolate Mousse for Greedy Goose</i> by Julia Donaldson.</p>		

TA Quick Quality Tips From Craven Smart Start/CCR&R Staff

Healthy Social Behavior Specialists– Sonia Sumner & Brandi Parnell

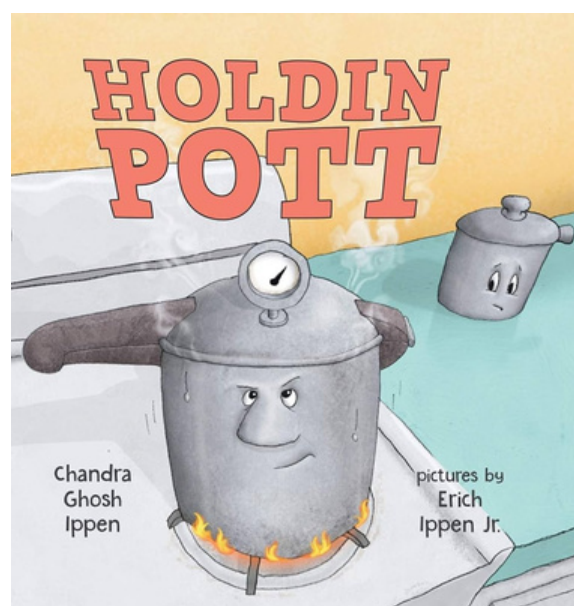


Social/Emotional Book Nook

In this charming book by Chandra Ghosh Ippen, a worn pressure cooker and a sweet little pot learn new ways of dealing with difficult feelings.

Meet the Potts. Holdin Pott grew up learning to keep in feelings of sadness and anger. He is one tough pressure cooker. Little Pott is watching and wants to be just like him, but when you're little and the heat is on really high, it's hard to keep the lid on and hold tough stories and feelings inside. What will Little Pott do? How will Holdin Pott help him?

Ideal for 2 to 8 years of age...and adults, too.



ENVIRONMENT WEBINAR

Explore strategies for Volume Control
Explore the benefits of Child-Directed activities

Come and join us!

Thursday Nov. 16, 2023
7 pm - 8pm
Virtually via Zoom statewide
Free opportunity to
Talk to the Experts
All Educators and Administrators
welcomed
<https://ccrinc.zoom.us/j/926189206>
Meeting ID: 326 189 6206

Child Benefit
5 Things You Need To Know

Creating Supportive Environments

- Design responsive environments that promote social-emotional competence.
- Use of age appropriate expectations to guide children's behavior.
- Benefits of child-directed activities.
- How to teach Volume Control

<https://ccrinc.zoom.us/j/926189206>
Meeting ID: 326 189 6206

Healthy Social Behavior Zoom Training.

Upcoming Environment Webinar

- You will:
 - Design responsive environments that promote social-emotional competence
 - Use of age-appropriate expectations to guide children's behavior
 - benefits of child-directed activities
 - How to teach Volume Control

Below is the link to register:

<https://www.childcarerrnc.org/resources/healthy-social-behaviors-environment-training/>

Training Information Craven Smart Start



To register for a training, please email registration form to venus@cravensmartstart.onmicrosoft.com and more information will be sent regarding the online training.
All trainings listed below are \$8.00 for lending library members and \$10 for non-members unless otherwise stated.

Face to Face & Online Zoom Trainings in November

*Finding Calm: Managing Stress & Anxiety in School Age Programs

Presenter: Tammy Cullom

Monday, November 6th, 2023

6:30 PM-8:30 PM

Face to Face

*Grief & Loss In Young Children

Presenter: Brandi Parnell & Sonia Sumner

Tuesday, November 7th, 2023

6:30 PM-8:30 PM

Virtual

*Save The Children

Presenter: Bonnie Gould

Wednesday, November 8th AND Wednesday, November 15th, 2023

6:30 PM-8:30 PM

Face to Face

*It's SIDS: Infant/Toddler Safe Sleep and SIDS Reduction in Child Care

Presenter: Demeka Bryant

Monday, November 13th, 2023

6:30 PM-8:30 PM

Face to Face

*Causes of Misbehavior

Presenter: Brandi Parnell

Tuesday, November 14th, 2023

6:30 PM-8:30 PM

Face to Face

Child Care Resource & Referral

2111 Neuse Blvd.
Suite F.
New Bern, NC 28560

Phone: 252- 672-5921
Fax: 252-672-5922
Email: bianca@cravensmartstart.org



Child Care Resource and Referral is here for you. FREE referrals to fit your child care needs with a licensed, regulated, or legally exempt childcare program.

Looking for:

- *Full-Time/Part-Time Care**
 - *Before/After School Care**
 - *Part-Time Preschool**
 - *Weekend Care**
 - *Drop-In Care**
 - *Hourly Care**
-

CCR&R Mission Statement

To enhance the quality and quantity of child care services in Craven County by providing a wide range of information, referrals, advocacy and training services to families, providers, and the community in general.