



# Child Care Resource & Referral

## Training Calendar

### Quarter 3: January - February - March 2024



Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Thursday, January 4, 2024 6:30 - 8:30 pm CCR&R—Face to Face	<b>Emergency Preparedness Response</b>  <b>Kelly Shaw</b> NC Statewide Family Childcare Business Anchor	The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care homes complete the training and submit a facility EPR Plan.	<b>Cost:</b> \$8.00 for CCR&R Library Members/\$10.00 for non-members  <b>Credit:</b> 2.5 CHCs
Thursday, January 11, 2024 6:30—8:30 pm CCR&R—Face to Face	<b>Behavioral Intervention Strategies</b>  <b>Brandi Parnell</b> Healthy Social Behavior Specialist	Teachers who care for children with behavioral difficulties, often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
Monday, January 15, 2024 6:30—8:30 pm CCR&R Face to Face	<b>IT'S SIDS</b>  <b>Demeka Bryant</b> Birth—3 Specialist	This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Thursday, January 18, 2024 6:30—8:30 pm CCR&R—Virtual	<b>Toxic Stress</b>  <b>Sonia Sumner</b> Healthy Social Behavior Specialist	Stress is a fact of life, no matter your age. Some stress is good for us – it keeps us attentive, sharp, productive, and learning. But Toxic Stress affects brain development and learning in young children and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long-term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.	Cost: \$8.00 for CCR&R Library Members/ \$10.00 for non-members Credit: 2 CHCs
Saturday, January 20, 2024 8:30 am—12:30 pm CCR&R– Face to Face	<b>Playground Safety</b>  <b>Angela Pate</b> Region 2 Family Child Care Homes Specialist	This training discusses playground safety techniques as well as equipment regulations. Participants will travel to a nearby child care facility to complete a mock playground safety inspection.	Cost: \$12.00 for CCR&R Library Members/\$16.00 for non-members  Credit: 4 CHCs
Tuesday, January 30, 2024 6:30—8:30 pm CCR&R Face to Face	<b>ECERS-R</b>  <b>Tammy Cullom</b> Quality Enhancement Coordinator	Would you like to gain a better understanding of the Early Childhood Environment Rating Scale? More importantly, discover how to use the ECERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ECERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Early Childhood Environment Rating Scale- Revised edition.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members  Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, February 5, 2024 6:30—8:30 pm CCR&amp;R Face to Face</p>	<p><b>IT'S SIDS</b>  <b>Demeka Bryant</b> Birth—3 Specialist</p>	<p>This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practices” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>
<p>Tuesday, February 6, 2024 6:30 pm - 8:30 pm New Bern Fire Department– Face-to-Face</p> <p><b>New Bern Fire Department Training Facility 333 Glenburnie Dr. New Bern, NC 28560</b></p>	<p><b>Fire Safety</b>  <b>Jeff Connor</b> New Bern Fire Department</p>	<p>This workshop will discuss how to prevent, extinguish and control fires in home and child care settings. Participants will have the opportunity to use a real fire extinguisher.</p>	<p><b>Cost:</b> \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members  <b>Credit:</b> 1.5 CHCs  <b>Maximum of 40 Participants</b></p>
<p>Tuesday, February 6, 2024 6:30—8:30 pm CCR&amp;R Face to Face</p>	<p><b>How to Make Good Play Great</b>  <b>Amanda Morris</b> Quality Enhancement Coordinator</p>	<p>This workshop will first take a developmental look at play to help participants understand what types of play skills can be expected from typically developing children of various ages. Attendees will have an opportunity to observe and assess children’s play skills, using an assessment scale in the handouts. There will be opportunities to see and hear from providers as they model adults role to enhance children’s play skills.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Thursday, February 8, 2024 6:30—8:30 pm CCR&amp;R Face to Face</p>	<p><b>Developmentally Appropriate Practices</b></p> <p><b>Brandi Parnell</b> Healthy Social Behavior Specialist</p>	<p>Developmentally Appropriate Practices are an approach to teaching grounded in research on how young children develop and learn and in what is known about effective early education. Developmentally Appropriate Practices involves teachers meeting young children where they are, both as individuals and as a part of a group; and helping each child meet challenging and achievable learning goals. Through activities and discussion, participants will explore how to create developmentally appropriate activities for their classrooms.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Tuesday, February 13, 2024 6:30—8:30 pm CCR&amp;R</p>	<p><b>Ins and Outs of Good Circle Times</b></p> <p><b>Debbie Cashwell</b> Quality Enhancement Coordinator</p>	<p>What’s so good about circle time? Some early childhood professionals believe circle times are valuable times for children to meet and build relationships, while other professionals believe that circle times are not worth the time and effort it takes to gather children and get them to sit quietly with their hands and feet in their own spaces. We will take a closer look at what works well and what doesn’t at circle time. We will share ideas for transitions to and from circle time, circle time activities, and how to use circle time to solve group problems.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>
<p>Thursday, February 15, 2024 6:30—8:30 pm CCR&amp;R—Virtual</p>	<p><b>Grief and Loss</b></p> <p><b>Sonia Sumner</b> Healthy Social Behavior Specialist</p>	<p>Death and loss is a part of life that affects young children. The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the reality is that they will all experience it at one time or another. This session will define most common times of grief and loss for young children, identify stages of grief, discover ways young children react behaviorally to grief and loss, and determine ways to support children through this process .</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>
<p>Tuesday, February 20, 2024 6:30—8:30 pm CCR&amp;R Face to Face</p>	<p><b>Thinking Constructively with Loose Parts</b></p> <p><b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>LOOK AT WHAT I MADE... CAN’T I PLAY A LITTLE LONGER? If you value the concept of play-based learning, come join us to learn more about “loose parts.” Participants will identify and explore age-appropriate loose parts to develop infinite play opportunities for children by stimulating their imaginations and creativity.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
Thursday, February 22, 2024 6:30—8:30 pm CCR&R Face to Face	<b>Making Music Marvelous</b>  <b>Bonnie Gould</b> CCR&R Director	<i>In this session, we will engage in music and movement activities by using props, musical instruments, and dance.</i>  Participants will have the opportunity to make their own instruments and props to use in their classroom!	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
Monday, March 4, 2024 6:30—8:30 pm CCR&R Face to Face	<b>IT'S SIDS</b>  <b>Demeka Bryant</b> Birth—3 Specialist	This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practices" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs
<b>Saturday, March 9, 2024</b> <b>7:45 am—4:30 pm</b> <b>Craven Community College</b>	<b>Building Brighter Futures Conference</b>  <b>Various Presenters</b>	<b>This year our conference will focus on assisting children with challenging behaviors and what or how to look for indicators of underlying issues. We will include topics such as special needs, inclusion, behavior management, and so on.</b>	<b>Cost: \$20 if registered before or on 02/24/2024 or \$30.00 on or after 02/28/2024.</b>  <b>Credit: .5 CEUs</b>
Thursday, March 14, 2024 6:30—8:30 pm CCR&R Virtual	<b>Partnering with Families to Address Challenging Behaviors: We are all in this together!</b>  <b>Sonia Sumner</b> Healthy Social Behavior Specialist	When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This session focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents.	Cost: \$8.00 for CCR&R Library Members/\$10.00 for non-members Credit: 2 CHCs

Date/Time/Location	Title of Training/ Presenter	Description	Other Information
<p>Monday, March 18, 2024 6:30—8:30 pm CCR&amp;R Face to Face</p>	<p><b>Building Incredible Relationships</b>  <b>Tammy Cullom</b> Quality Enhancement Coordinator</p>	<p>Family dynamics and structures are ever changing. A lot has occurred in the last three decades. During this training, you will be able to identify those changes and be able to recognize any implicit biases and misconceptions that occur in regard to different family structures. The training will also give tools to combat those biases and understand the importance of family involvement. New and interactive approaches to involve families will be created to help enforce long lasting partnerships with your facility and class</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/ \$10.00 for non-members Credit: 2 CHCs</p>
<p>Thursday, March 21, 2024 6:30—8:30 pm CCR&amp;R Face to Face</p>	<p><b>Prevention Strategies</b>  <b>Brandi Parnell</b> Healthy Social Behavior Specialist</p>	<p>The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social -emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors.</p>	<p>Cost: \$8.00 for CCR&amp;R Library Members/\$10.00 for non-members Credit: 2 CHCs</p>

**DID YOU  
KNOW**



CCR&R's Quarterly Training Calendar and Parent/ Provider Newsletter can be accessed at our website:



<https://www.facebook.com/CravenSmartStart>  
<https://www.facebook.com/cravencountycrr>

# CCR&R Training Policies & Procedures

1. All payments are due at time of registration. Trainings/classes are filled on a first paid/first registered basis. Training fees must be brought into CCR&R during normal business hours, Monday—Friday, 8:00am—5:00pm, in person at our office, or mailed to 2111 Neuse Blvd Suite F, New Bern, NC 28560. Employees of CCR&R/Craven Smart Start are not allowed to take any money outside of the office, or after normal business hours.
2. A registration form must accompany all payments for each participant. Registration forms are attached to the Training Calendar, can be picked up at our office, or can be accessed online at [www.cravensmartstart.org](http://www.cravensmartstart.org). A registration form must be submitted for all trainings.
3. All fees and registration forms are due 2 days before a scheduled training by 5:00pm, unless otherwise stated on the Training Calendar. No participants will be added to a Training Roster after the registration date closes.
4. No refunds will be given. A credit for future trainings will be given if a class is cancelled due to unforeseen circumstances on the part of CCR&R, or the minimum number of participants is not reached.
5. Cancellations must be made at least 24 hours in advance. A training credit will be issued if a paid participant calls to cancel at least 24 hours in advance of the training. Individuals who miss a training (for any reason) will not be given a credit unless they called 24 hours in advance.
6. Substitutions of participants will not be allowed.
7. Individuals who are on the CCR&R "No Services List" are not eligible to attend trainings with CCR&R until all fines are paid in full.
8. Unless otherwise stated, each class/training must have a minimum of 5 paid participants to be held. If the required number of participants is not met by the registration deadline, the class will be canceled, and registered participants will receive a credit that can be used towards future trainings.

## Registration

1. Each participant must have their own individual email and personal phone number listed. All correspondence is being completed through email and phone. It is important to have your personal email and phone number so that each participant can be individually contacted.
2. We will not be able accept registration forms from providers at the same location using the facility phone number and/or email.





# CCR&R Training Policies & Procedures, cont...

3. Each participant must complete the registration form separately.
4. **The demographic survey, pre-survey, and possible pre-assessment (depending on the training) must be completed BEFORE the evening of the training. If your demographic survey and pre-work is not submitted, you will not be allowed to attend the evening of the training. Participants will be given 48 hours upon completion of the training to submit the post assessment and evaluation documents to the trainer. Without this requirement being met, certificates of completion may not be given.**
5. **There will be a \$5 fee for issuing certificates to individuals who have submitted their paperwork beyond 48 hours after the training.**

## Training Attendance

1. Our trainings have limited number of spaces. Once our maximum capacity has been filled, we stop enrollment for that training. Please register early to ensure your space.
2. **To ensure that all participants are actively involved during trainings, participants must have their electronic device (computer, laptop, cellphone, iPad) camera turned on during the entire training.**
3. **Please refer to the time a training begins. To participate in the training, please login to the training 5-10 minutes prior to the beginning of the training. If you are more than 15 minutes late, you will not be allowed to attend the training and must register for the class the next time it is offered.**
4. If you sign up for multiple trainings and do not attend, your enrollment into future trainings may be limited.

**There are no exceptions to the above!**

If you have any questions, concerns, or would like clarification on our policies and procedures, please call Venus @ (252) 672-5921 ext. 32.

Revised September 3, 2021





## **IMPORTANT TRAINING UPDATES FOR Its SIDS and Emergency Preparedness**

It has come to our attention that the state of North Carolina and the North Carolina Child Care Health and Safety Resource Center has placed new guidelines for It's SIDS and Emergency Preparedness.

Beginning April 1, 2022:

- No more than 10 people can attend the training at a time.
- Trainees will be required to fill out and return a training affidavit with the required training rules.
- All trainees must follow the signed affidavit, return all required paperwork, and actively participate during the training to receive their certificate.
- The affidavit is on the next page. Please bring this completed form when registering for your training.

For It's SIDS, any new trainees who are taking the training for the first time **MUST** take the training face-to-face. Due to this, we will be hosting one face to face training this quarter. To attend a face-to-face training, you **MUST** have your temperature taken and wear a face mask while in the building. There will only be 6 spaces available for face-to-face trainings.

## Trainee Affidavit

### All trainees agree to the following:

- I will not engage in other work or personal activities, including but not limited to, providing care (for child/ren or adult/s), driving, preparing meals, attending a class or other training. Engaging in other work or personal activities will result in removal from the training and denial of a certificate of completion.
- I will be an active participant and demonstrate respect and professionalism throughout the training, including but not limited to asking questions and being responsive to the trainer.
- I will not record the training session or share personal information to be respectful of other attendees.
- I will arrive on time, attend the entire training, and be prompt when returning from scheduled breaks.

### If attending virtually:

- I will attend through use of a desktop computer, laptop, or tablet with sound and an operating camera. I will have the camera on and be visibly present to the trainer for the duration of the training.
- I will not attend using a cell phone.
- I will have access to a stable internet connection for the duration of the training.

### I understand that:

- Failure to meet any of the expectations outlined will result in denial of a certificate of completion.

**\*\*If this is ITS-SIDS Training, it may not be taken virtually if it is the first time attending this training. It can only be taken virtually if the training is being renewed after three years.**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

This document was reviewed by the NC Division of Child Development and Early Education (DCDEE) February 2022.

February 2022





# Child Care Resource & Referral

## Training Registration Form

### Quarter 3: January—February—March 2024



Name: \_\_\_\_\_ Phone number: (\_\_\_\_\_) \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Email Address: \_\_\_\_\_@\_\_\_\_\_

CCR&R Library Member Number (if applicable): \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Work Phone Number: (\_\_\_\_\_) \_\_\_\_\_

County in which you are employed: \_\_\_\_\_

Classroom: \_\_\_\_\_ Ages you work with: \_\_\_\_\_

\*Please fill out the above information accurately as it will be used to contact you in the event of any changes, track your training participation/attendance in our database, etc.

Date of Training	Training Title	Cost of Training

\*If you would like to purchase a CCR&R Lending Library Membership, please check below and include an additional \$10.00 for the annual fee. If you choose this option, a library card will be mailed to you at the address provided above.

CCR&R Library Membership [ ] \$10.00

Total Amount Enclosed \$ \_\_\_\_\_

\_\_\_\_\_ check \_\_\_\_\_ cash \_\_\_\_\_ money order \_\_\_\_\_ credit card

\*\*Registration will not be confirmed until payment is received. If a training is full when payment is received, you will be contacted at the information you provided above.

Please make checks payable to:

**Craven Smart Start.**  
2111 Neuse Blvd Suite F  
New Bern, NC 28560